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Machias, Maine • March 9, 2022

\$1.50

Machias sewer upgrades will benefit Machiasport clambers

by Sarah Craighead Dedmon

Heavy rains on top of snow and frozen ground last month led to two sewage overflow events in Machias, then to clam flat closures in Machiasport, and finally, to financial hardship for some Machiasport clambers and the dealers who buy from them.

"Right now where clam digging is my full-time job, the closures are a big deal because they affect some of the best clamming we have in Machiasport," said Alex Finlay. "This closure has cost us a bunch of days, and forced me to work other flats that are covered in ice and snow."

The recent "Combined Sewage Overflow," or CSO events in Machias took place during storms

in the last week of February and will keep some downstream Machiasport flats closed until March 16.

Machias' wastewater overflow events have been steadily declining since the late 1980s, when they occurred roughly 15 times per year, to 2020, when they happened five times, to last year, when an overflow event happened once.

Still, the three-week flat closures remain a source of frustration for local shellfish dealers and Machiasport harvesters like Finlay. Clam prices have been rising steadily over the past few years, making winter harvesting more profitable. But it's especially painful, says Finlay, if closures

(Sewer upgrades cont. pg. 24)

Jonesport Elementary's WinterKids bring home the gold and \$10,000

by Nancy Beal

Jonesport Elementary School was one of 22 schools and 1,200 students competing in WinterKids, a four-week statewide contest, sponsored by L. L. Bean and other well-known businesses, that promotes healthy living through outdoor winter activities. The contest ran from Jan. 17 through February 11 (see MVNO Jan. 26). Last week, JES learned that it had placed first in the state, successfully outstripping elementary schools in West Bath and Winterport, which placed second and third. On March 2, WinterKids CEO Julie Mulkern traveled to Jonesport from Southern Maine, bringing a fanfare of drummers and other musicians—and the grand prize, a check made out to the school for

\$10,000.

This was the third year that grade 3 teacher Marni Crowley and pre-K teacher Jeanna Carver had volunteered to combine their competitive natures with a willingness to devote time to the competition. After having placed third the first year and second in 2020 (Covid killed the program in 2021), they were determined that JES would take gold in 2022.

Crowley and Carver divided the school into four groups: pre-K, grades 1 and 2, grades 3 through 5, and grades 7 and 8. Each week had a theme and a special requirement: Week 1 involved the superintendent; Week 2, getting their effort into a newspaper article; Week 3, being covered by a TV station; and Week

(WinterKids cont. pg. 3)



Aww, ducks

A congregation of ducks can be called a raft, team, paddling, or badling, but we just call them colorful and adorable. Photographer Jason Overby captured this image of mallards making the most of thinning ice floes near the fish ladder at Gardner Lake in East Machias. Photo by Jason Overby

Jonesport readies for town meeting

by Nancy Beal

Jonesporters will gather in the high school gymnasium for their annual town meeting next week (3 p.m., Monday, March 14) and the person at the podium will not be the customary Billy Milliken. Because the selectman and realtor

has an interest in one of the items to be discussed and voted upon—the launching of nanorockets from one of the town's outer islands that he owns—Milliken has indicated by Zoom from his vacation spot in Florida that he will not serve as moderator.

In order to assure that a competent moderator is in the audience and available to be voted into office by those assembled, selectmen have instructed the town's office manager, Tonia Merchant, to line up someone with experience

(Jonesport cont. pg. 3)

World's largest cargo plane destroyed in Russian attack

by Jayna Smith

One and a half years ago, in August 2020, we shared details of the world's largest plane — the Antonov An-225 — that had landed at Bangor International Airport (BIA).

On Monday, Feb. 28 Ukrainian

authorities reported that the plane had been destroyed in a Russian attack on an airport near Kyiv. The company that managed the Antonov An-225 said it will take five years and more than \$3 billion to rebuild.

The Antonov An-225, a

Ukrainian-made plane, was a cargo plane with six engines and 16 pairs of landing gear wheels, about the size of a football field, and the only one of its kind. The wingspan totals 290 feet, and the maximum takeoff weight is

(Plane cont. pg. 5)

Pat's Pizza, Healthy Acadia partner to curb underage drinking



Danielle Wormell, Restaurant Manager at Pat's Pizza in Machias, applies stickers warning of the risks of supplying underage youth with alcohol to pizza takeout boxes. Photo by Katie Sell

Pat's Pizza in Machias wants to help stop underage drinking. If you've recently stopped into Pat's Pizza for lunch or dinner, you may have noticed a sticker on your pizza box emblazoned with, "Parents Who Host, Lose the Most," and wondered what it was all about. For the second year in a row, the restaurant is partnering with Healthy Acadia to help curb underage drinking in our communities.

According to the most recent Maine Integrated Youth Health Survey (2019), nearly 1 in 4 high school students in Washington County reported consuming alcohol within the preceding 30 days. Pat's Pizza has agreed to partner with Healthy Acadia with the "Parents Who Host, Lose the Most" campaign by including stickers on their pizza boxes to support

family and community health and discourage underage drinking.

The "Parents Who Host, Lose the Most" campaign is a public awareness project launched by the Prevention Action Alliance designed to remind parents not to host teenage drinking parties. The campaign educates parents about the risks of furnishing alcohol to youth and increases awareness of underage drinking laws. As part of the project, Healthy Acadia is distributing "Parents Who Host" materials, including the stickers, to community partners in an effort to reduce underage drinking rates in Washington and Hancock counties.

If your business or organization would like to join the effort to stop underage drinking and keep our communities safer, please contact us at (207) 833-1111. (Underage drinking cont. pg. 2)

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Bioethics with SSC

by Thiela Schnauffer

The ethical concerns associated with medicine and science have been asked for a very long time, but with the development of techniques for organ donation the concerns have taken on new urgency. Scientific advancements are occurring with increased speed, and with them, the questions of an ethical application become more complex. Bioethics, the discipline dealing with the ethical implications of biological research and applications, especially in the field of medicine is one of the most timely topics of our age.

Dr. Eric Jones will present the second part of his class on Bioethics beginning Wednesday, March 16, and continuing on Friday, March 18 from 2 to 3 p.m. Dr. Jones is an Associate Professor of Biology at UMM and studied philosophy during his undergraduate and graduate career. He participated in a National Science Foundation-funded integrative project in the history and philosophy of biology.

This course is intended to follow the introduction to bioethics that the instructor offered during the summer of 2021. In this iteration of the course, participants will be invited to consider applications of the bioethical principles introduced in the first part of the course. The subject matter will consist of applications of bioethical reasoning to issues concerning nature and natural systems, excluding issues in the biomedical realm. The learning objective of this course is for participants to be able to apply basic bioethical theory to contemporary and historical bioethical issues in the realm of environmental science, conservation biology, and moral status.

One of the first advances in medical procedures that created bioethical questions concerning organ donations. New medical procedures and medicines are evolving rapidly along with ways of altering the basic molecular structure of both plants and animals. While these innovations are



bringing some enormous benefits, they also have the potential to bring harm and there are many unknown effects or long-term outcomes. This dilemma has raised ethical questions about their appropriate use. While this procedure has become almost commonplace many lives have been saved, the fact that there is a big shortage of organs for those who need has created serious questions. How are candidates selected? Should the lifestyle issues (like substance abuse) be a factor in determining who will receive a donated organ? Also, there is a fear of illegal organ stealing from living donors without their consent to create organ farming to sell body parts for big prices.

It is common now to see products proclaim that they contain no "GMOs". Genetically Modified Organisms are organisms that have been transplanted with a gene or a DNA sequence of interest from another organism. The creation of genetically modified organisms is still new and confined to plants and animals rather than humans. One of the results of this research has been the development of crops that have high yields, more nutrition, and are disease-resistant. However, the long-term impacts on health are still yet to be seen and there are many questions about safety.

These and other issues underline the necessity for Bioethics. This field studies and evaluates the decisions done in scientific research and medicine that affect the health and the lives of people, society, and the environment. This new discipline attempts to determine the rightness or wrongness of these new technologies and how they impact health, life, and human rights.

For more information on Sunrise Senior College and its offerings, visit <https://machias.edu/ssc/>.

Underage drinking

Continued from page 1

contact Katie Sell at Katie.Sell@HealthyAcadia.org in Washington County, or Mia Petrina at Mia@HealthyAcadia.org in Hancock County.

Visit www.HealthyAcadia.org for more information about their substance misuse prevention programs, including school-based programming and other outreach efforts.

Healthy Acadia is a 501(C)(3) community health organization building vibrant communities and making it easier for all people to lead healthy lives throughout Washington and Hancock counties. For more information about Healthy Acadia's health and wellness programs and services, visit healthyacadia.org.

Indoor yard sale fundraiser

An indoor yard sale to benefit the Jonesboro/Roque Bluffs Fire Department and the Jonesboro Grange will be held at the grange building from 9 a.m. to 4 p.m. on

both Saturday and Sunday, March 12 and 13. Donations requested. For more information, contact LouAnn and Norm Cox at 207-434-2131 or myhotdags123@yahoo.com.

Machias board meeting

The Machias Board of Selectmen will hold their regular bi-monthly meeting at 6 p.m. on Wednesday, March 9, at the Machias Telebusiness Center, Stackpole Road. The agenda includes a roof grant and loan opportunity for Machias Memorial High School, the Upper Machias Bay master

planning project, a telebusiness center update, the upcoming town report, a police department update, budget committee appointments, tax acquired property and foreclosures, and a Maine Veterans' Home Machias closure update.

For more information visit www.machiasme.org, or call 255-6621.

Commissioners meet March 10

The Washington County Commissioners will hold their March meeting at 4 p.m. on Thursday, March 10. On the agenda is an update from the TIF committee, monthly and quarterly reports, payroll change notices, signature on six-month certificate,

a building committee update, and commissioners' issues. The meetings are held in the probate courtroom of the Washington County Courthouse, Court Street, Machias. The entrance to the building is on the Cooper Street side of the courthouse.



Margaretta Days Festival coming

The Margaretta Days Festival and Craft Fair will return this year! The annual event celebrating the Revolutionary War-era history of Machias will take place on the grounds of the University of Maine at Machias on Friday, June 17, and Saturday, June 18 featuring lots of crafters, historical reenactments, great food, and plenty of opportunities to enhance your knowledge of local history! For more information, visit www.margarettadays.com. Submitted photo

Thank you Mark of Roque Bluffs!

My heartfelt appreciation and thanks to Mark of Roque Bluffs, who kindly stopped to help me get unstuck from the side of Route 182 last Sunday. I promise to a) get new tires and b) pay attention to traction control so it doesn't happen again!

Sarah Craighead Dedmon / Editor



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Jonesport Continued from page 1

moderating town meetings in other towns. Merchant told selectmen last week that she had contacted various towns and secured the names of four people appropriate to the task. Selectmen tasked her with securing one of them in case no Jonesporter stepped forward, and to offer them compensation for whatever time and travel they incurred.

Selectmen finalized the special articles that will be added to the regular articles in the town warrant. The one that has garnered

the most attention is a straw vote on the rocket launch initiative by the Brunswick aerospace company bluShift. Article 34 reads: "To see if the Town is in favor of an Aerospace Facility being allowed to launch commercial rockets in the Town of Jonesport." The explanation that follows warns that the response is "NOT a binding vote!" but will be used as guidance by the committee tasked with writing an aerospace ordinance.

The town is applying to the

Island Institute for a two-year Island Fellow to help plan and write grant applications on behalf of the hoped-for new marina on the (now) town-owned campground property on Henry Point. Selectmen will ask the town to borrow \$14,000 from surplus for each of two years for this Fellow, whose remaining salary would be paid by the Island Institute if the town's application is accepted.

A revision of the town's out-of-date comprehensive plan is

underway and involves outside help. The town previously approved taking \$25,000 from surplus for that effort and an article in this year's warrant will seek authorization to pay back half and also appropriate \$5,000 in new money.

A \$100,000 draw from surplus for road improvements will be sought, to be paid back over three years, and selectmen suggest that \$40,000 be taken from the revenue sharing account to reduce taxes. Also, selectmen will seek authorization to

accept \$139,096 in federal American Relief Program Act money to be expended on upgrading broadband and internet within the town.

Finally, selectmen will invite discussion and a straw vote on switching to the town manager form of government. A binding vote will be taken on revisions to the shoreland zoning and land use ordinances that were presented by the planning board in an earlier hearing.

WinterKids Continued from page 1

4, bringing in a representative of a WinterKids sponsor to speak.

Each week, participating schools could earn up to 24 points for designated activities. Finally, one bonus point per week could be gleaned for placing first in a special activity. Week 1's bonus point was achieved by making the best video. In the second week, it was a meme. The third week's bonus point was earned by submitting the best picture of a family night activity.

JES and its two closest competitors were tied in bonus points going into week 4, each school having taken one in the previous three weeks. The deciding point would be awarded for the best highlight reel. The bonus—and the \$10,000 first prize—went to JES. West Bath won \$7,500 for second place and Winterport \$5,000 for third.

Jonesport skating pond revived

One of the highlights, said Carver

and Crowley, was introducing students to the town skating pond. Knowing that ice skating was one of the suggested activities and that they could use the town's public skating pond, they arranged with folks at EdGe, the after-school program conducted at the Seacoast Mission in Cherryfield in which JES participates, to borrow skates and helmets. Seventy-five percent of the students had never been on skates, the teachers reported, yet many of them returned to the pond on their own the next weekend with their families.

One person who especially enjoyed the skating did not don skates or even go near the pond. That person was Wayne Woodward, an octogenarian Jonesporter who lives near the pond, who had lost his wife a week previously, and who came out on his doorstep each time the kids came to skate. His family was so grateful to the students for bringing him such joy at a difficult time in his life that they sent the school a thank-you card with a donation.



The JES student body during the presentation of the \$10,000 prize. Musician Eric Simon, brought by WinterKids officials for the event, at right. Images courtesy WABI TV

Crowley and Carver say that their prior years doing WinterKids, plus early planning, helped their winning cause. They give great credit to their fellow teachers, principal, and staff who incorporated much of the program material into their classrooms and especially to the parents and community members who supported and participated in the effort. They say they will give some of the school's prize money

to EdGe as thanks for loaning them skating equipment and will purchase skates and helmets for their own school for future use.

Having taken part in WinterKids for three years and having won gold, JES may not participate next year or in the near future, but they will always savor their victory in 2022. (A video of the award ceremony can be seen on the school's Face Book page)



JES organizers Grade 3 teacher Marni Crowley (left) and pre-K teacher Jeanna Carver

DOWNEAST TIDE TABLE FOR WASHINGTON COUNTY

Eastport

DATE	HIGH			LOW			☀		☾	
9 Wed	3:17	17.6	3:48	16.3	9:42	1.9	10:02	3.0	5:49	5:27
10 Thu	4:09	16.9	4:43	15.6	10:35	2.6	10:56	3.7	5:47	5:28
11 Fri	5:05	16.4	5:43	15.2	11:33	3.0	11:55	3.9	5:45	5:30
12 Sat	6:05	16.3	6:42	15.3			12:32	3.0	5:43	5:31
13 Sun	8:04	16.5	8:39	15.8	12:54	3.8	2:29	2.6	6:42	6:32
14 Mon	8:58	17.1	9:29	16.5	2:50	3.2	3:22	1.9	6:40	6:33
15 Tue	9:46	17.9	10:14	17.4	3:40	2.4	4:09	1.1	6:38	6:35

Lubec

DATE	HIGH			LOW			☀		☾	
9 Wed	3:17	17.6	3:48	16.3	9:42	1.9	10:02	3.0	5:49	5:27
10 Thu	4:09	16.9	4:43	15.6	10:35	2.6	10:56	3.7	5:47	5:28
11 Fri	5:05	16.4	5:43	15.2	11:33	3.0	11:55	3.9	5:45	5:30
12 Sat	6:05	16.3	6:42	15.3			12:32	3.0	5:43	5:31
13 Sun	8:04	16.5	8:39	15.8	12:54	3.8	2:29	2.6	6:42	6:32
14 Mon	8:58	17.1	9:29	16.5	2:50	3.2	3:22	1.9	6:40	6:33
15 Tue	9:46	17.9	10:14	17.4	3:40	2.4	4:09	1.1	6:38	6:35

Cutler

DATE	HIGH			LOW			☀		☾	
9 Wed	3:09	13.2	3:44	12.0	9:32	1.3	9:50	2.5	5:50	5:28
10 Thu	4:01	12.6	4:40	11.5	10:27	1.9	10:46	2.9	5:48	5:29
11 Fri	4:59	12.3	5:41	11.2	11:26	2.1	11:47	3.1	5:46	5:30
12 Sat	5:59	12.2	6:42	11.3			12:27	2.1	5:44	5:32
13 Sun	7:59	12.5	8:38	11.7	12:47	2.9	2:25	1.8	6:42	6:33
14 Mon	8:53	12.9	9:26	12.3	2:42	2.4	3:16	1.3	6:41	6:34
15 Tue	9:40	13.5	10:09	13.0	3:31	1.8	4:01	0.7	6:39	6:36

Machiasport

DATE	HIGH			LOW			☀		☾	
9 Wed	3:18	12.2	3:49	11.2	9:33	1.3	9:53	2.1	5:49	5:27
10 Thu	4:10	11.7	4:44	10.7	10:26	1.8	10:47	2.5	5:47	5:28
11 Fri	5:06	11.3	5:44	10.5	11:24	2.0	11:46	2.7	5:45	5:30
12 Sat	6:06	11.2	6:43	10.6			12:23	2.1	5:43	5:31
13 Sun	8:05	11.4	8:40	10.9	12:45	2.6	2:20	1.8	6:42	6:32
14 Mon	8:59	11.8	9:30	11.4	2:41	2.2	3:13	1.3	6:40	6:33
15 Tue	9:47	12.3	10:15	12.0	3:31	1.7	4:00	0.8	6:38	6:35

Jonesport

DATE	HIGH			LOW			☀		☾	
9 Wed	3:01	11.3	3:43	9.9	9:35	1.1	9:43	2.3	6:01	5:41
10 Thu	3:53	10.8	4:41	9.5	10:31	1.6	10:38	2.7	6:00	5:42
11 Fri	4:51	10.5	5:44	9.3	11:33	1.8	11:40	2.9	5:58	5:43
12 Sat	5:53	10.5	6:46	9.4			12:38	1.8	5:56	5:44
13 Sun	7:54	10.7	8:40	9.8	12:44	2.7	2:35	1.5	6:54	6:46
14 Mon	8:48	11.1	9:27	10.3	2:40	2.3	3:23	1.1	6:52	6:47
15 Tue	9:34	11.6	10:08	10.8	3:27	1.8	4:03	0.6	6:51	6:48

Milbridge

DATE	HIGH			LOW			☀		☾	
9 Wed	3:13	11.3	3:46	10.1	9:56	1.0	10:12	2.0	5:52	5:31
10 Thu	4:03	10.9	4:41	9.7	10:51	1.4	11:08	2.4	5:50	5:32
11 Fri	4:58	10.6	5:40	9.4	11:50	1.6			5:49	5:33
12 Sat	5:58	10.4	6:41	9.4	12:07	2.6	12:49	1.6	5:47	5:35
13 Sun	7:57	10.5	8:37	9.5	1:05	2.5	2:44	1.5	6:45	6:36
14 Mon	8:51	10.7	9:27	9.8	2:58	2.3	3:34	1.2	6:43	6:37
15 Tue	9:39	11.0	10:12	10.2	3:47	2.0	4:20	1.0	6:41	6:38

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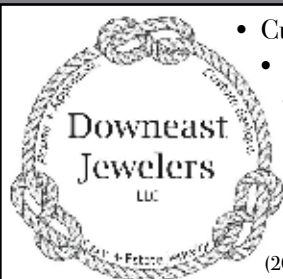
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Jonesboro/Roque Bluffs Fire receives generous donation

The Jonesboro/Roque Bluffs Fire Department has recently received two anonymous donations of \$1,000 apiece for their fire department over the weekend.

Chief Michael Schoppee, right, and LouAnn Cox, Fire Fighter Safety Officer, left, say that this amount will help them to buy personal protection equipment gear that is needed to help them stay safe while responding to accidents and rescues.

The Department thanks these folks for their generous donations.

An indoor yard sale to benefit the fire department and the Jonesboro Grange is to be held this weekend, March 12-13, from 9 a.m. to 4 p.m. on both



Photo by Ronie Strout

days. Proceeds will be split between the two organizations. The grange is located on Route 1 in Jonesboro.

For more information, contact LouAnn and Norm Cox at 207-434-2131 or myhotdogs123@yahoo.com.

Local woman to hold bake sale to benefit Ukraine

by Jayna Smith

Concerns for civilians and families in the Ukraine have grown significantly as the Russian invasion has threatened more lives, and many across the world are helping those in need with food, water, shelter, and other types of aid.

Locally, one woman is organizing an event that will provide financial assistance through the International Committee of the Red Cross Ukraine Crisis Fund.

"I haven't had a lot of involvement with the organization beyond blood donation, but after seeing and hearing about all the horrible things happening in Ukraine, I decided I needed to do something to help, even if it seemed small," said Roxzanna Montague. That is why she decided to start off by holding a bake sale.

So far, she said, the response to

her idea has been well received. "I've had a couple people offer to volunteer at the booth and many more offer to bake goods. We could still use a few more volunteers, and the more baked goods we have, the more we can raise."

Montague said she has even had people step up to offer monetary donations, "and that's great, too," she said, adding it all will go to the International Committee of the Red Cross Ukraine Crisis Fund to help those in the Ukraine.

"I did some research into organizations that were helping. The Red Cross is such a trusted organization and is providing essentials like food and water along with assistance in reuniting separated families and rebuilding infrastructure. They've also been in the country for eight years, and it's one of their larger operations, so they're well established to help quickly," Montague explained.

Montague said the response to her bake sale has been great, with many stepping up to help bake. Still, she said, more donations are welcome from anyone interested in helping.

She added that her inspiration is taken from Tolkien: "[Some] believe it is only great power that can hold evil in check, but that is not what I have found. I found it is the small everyday deeds of ordinary folk that keep the darkness at bay. Small acts of kindness and love."

For those wishing to help or for additional information, one can contact Roxzanna Montague via email at roxzannad@gmail.com.

The bake sale will take place this Friday, March 11, from 9 a.m. until 5 p.m. in the parking lot of Johnson's True Value/Calais IGA. All proceeds from the sale will be donated to help support those in the Ukraine.



Signs of the times

Two signs in Jonesport reflect two of our nation's largest concerns — the Russian invasion of Ukraine, and last week's sudden spike in gas prices across Maine, an increase of 50 cents per gallon, returning us to gasoline prices last seen in the early 2000s and again in July 2008, when they topped \$4 / gallon. Photos by Nancy Beal

Rapid PCR testing now available at Calais testing site

by Jayna Smith

Calais City Manager Mike Ellis reported last week that the COVID-19 testing site, managed by Curative Labs, now offers rapid PCR testing. It is located at the Calais Recreation Center.

Appointments for the rapid PCR testing began this week with three Abbot ID now rapid testing machines, which can process up to 50 people per day, Ellis explained.

“Those receiving this new test

will get accurate results within 17 minutes on site,” he said.

Starting next week, appointments will be open for testing Monday through Friday until further notice, 7 a.m. to noon.

“As was the case before, there are no out-of-pocket costs for those receiving a COVID test at the rec. center, just an insurance information pass-through for the insured, and a quick waiver form for the uninsured and all foreign nationals,” which includes those

from Canada, according to Ellis.

Curative Labs operates testing sites at Bangor International Airport, Portland Jetport, and Cross Insurance Arena in Portland. The rapid testing now offered is the type that is needed to enter Canada.

Calais Recreation Center is located at 11 Academy Street. Parking is accessible off Lincoln Street. Appointments can be scheduled at curative.com/sites/34747.

Plane Continued from page 1

1,322,750 pounds. The plane was first commissioned with the purpose of carrying Russia’s version of the space shuttle, but then the plane flew cargo around the world.

Its stop at BIA came after a month-long routine maintenance check after an “intensive flight campaign dedicated to the COVID-19 relief effort,” according to AeroTime. It had taken off from its home base, Antonov Airport (GML) in Hostomel, Ukraine, to BIA in preparation for an upcoming charter flight.

A spokesperson of Antonov Airlines told AeroTime that the plane had been chartered due to its “unique airlift performances,” including its massive cargo cabin and max payload of the aircraft. The identity of the new customer and the content of the cargo were not disclosed.

The Antonov An-225 landed at BIA in 2003 and in 2015, as well.



Then-four-year-old Gabe Youngblood, great-grandson of Sandra Kowalski, watches the world’s largest plane, the Antonov An-225, land in Bangor in August 2020. Ukrainian authorities have reported that the plane was destroyed over the weekend in a Russian attack on an airport near Kyiv. Submitted photo



Antonov An-225. (Wikimedia photo)

Evidence-based Applied Suicide Intervention Skills Training (ASIST) coming to Calais this month

Healthy Acadia is partnering with the Community Caring Collaborative, Calais Skatepark Committee, and the Downeast Recovery Center to offer a two-day, Applied Suicide Intervention Skills Training (ASIST) on March 15-16, 2022, at the Downeast Recovery Center at 311 Main Street in Calais. The class will meet from 9 a.m. to 4 p.m. each day.

Applied Suicide Intervention Skills Training (ASIST) is an intensive, two-day, in-person training where people are taught how to skillfully intervene, assist someone in crisis, and help them stay safe. ASIST is an evidence-based curriculum from Living Works Education focused on intervention. Participants will learn how to safely engage with

community members who are having thoughts of suicide to help them find “safety for now” and assist them in accessing community-based resources and supports.

Participants will also learn how to use language which does not perpetuate stigma associated with having thoughts or feelings about suicide, understand the prevalence of suicidal thoughts and actions in our community, and connect with community resources. Another important aspect of the training will be prevention - working to build a suicide-safer community by learning warning signs for suicide and how to integrate resilience and connection to prevent thoughts of suicide in our community. The training is highly interactive,

and appropriate for anyone in the community who is 16 or older.

“To date, over one million people have been trained in ASIST,” said Tara Young, Healthy Acadia’s Drug-Free Communities Coordinator and certified ASIST trainer. “Many more are needed to help ensure our communities are doing everything we can to intervene and provide help for people who are having thoughts of suicide.”

“ASIST training takes away the taboo to enable discussions about suicide, and teaches effective intervention techniques,” said Daniel Jones, a certified ASIST trainer who serves as co-lead pastor alongside his wife, Nicole, at Christian Ridge Church of God. “For me, I have struggled

(ASIST cont. pg. 23)

TRANSPLANTS BY PRENTISS GRAY

Let it snow

It’s happening! Right outside my windows, on all sides of the house, snow is piling up. Of course, I’m the one responsible. Just like the snowblower with caterpillar tracks I bought ended the usual deluges of snow in our neck of the woods. Our decision not to put the tracks on the mule this year goaded Mother Nature into piling it on. I’m not going to even touch the snowblower. Maybe she’s forgotten about it.

We may not have tracks for playing in the snow right now, but we do have snow! That’s a crucial first step. I have skis after all and the woods are lovely (dark and deep). We always thought Maine was a snowy place until we moved here. Then we found that while it has been in the past, lately the snow comes and goes pretty quickly. It’s the rain and the ice that comes in force.

We know it once snowed great guns here. We have measurements. We have pictures. We have innumerable accounts and hair-raising tales. I guess that was ancient times. Our distant ancestors, some even older than me, struggled mightily against the doom of snow. Then someone invented the plow and the by words of the day quickly became “so, what else can we do?”

There are a lot of ways and simple machines that are made just to deal with snow. I would love to see a snow roller in action. Compacting down the snow instead of pushing it aside? Sounds like a lot of ruts in a very short time. But that’s not the only thing the ancients tried against snow. I don’t see it much lately but snow fencing used to be a thing. Thin slats on lines of wire that stopped drifting. I spent many falls and early winters, stringing obstinate rolls of snow fence across fields and yards.

I was also part of the boardwalk crew. We had plank walkways sitting on wooden runners that had to be laid between all the buildings by the thanksgiving break. When we returned from our turkey fest, they had to be shoveled off. Which soon became an almost daily practice.

However, my very favorite way to deal with snow is the amazing snowblower. They are spectacular to watch as they fling the powdery stuff in streams high in the air.

Also, a little down my neck. But they do a great job of moving feet of snow out of the way while leaving a nice sliced edge at the boundary. Plows are faster but this isn’t about speed and power. This is about art and vitality. Ever try and push a stalled, tracked snow blower? There’s a reason they put an engine in there. Dragging that monster around will do a lot for anyone’s vitality.

In their locomotive form, snow blowers reach the heights of spectacular. I have spent far too much time on YouTube watching the marvels of flowing banks of snow. I spent part of my time growing up in a place where they used snow-blowing trucks instead of plows. A mammoth snow gobbler in the front and brushes in the back. One pass and the road was clean.

That may be why I have such an affection for the white stuff, that and I rarely ever get cold. I loved winter camping. Everything you need for a long weekend in the woods, right on your back. Slipping silently along for endless miles, skiing through mass tangles and obstinate tree trunks. “Seriously guys, get out of the way!” Frozen tea, luke-warm dinners, and damp mummy bags. I do miss it. Can’t figure out why no one will go with me anymore.

However, for the next few days, there will be snow to play in, commute through, and generally deal with. I’m looking forward to it, although by the time this column runs it may be gone, or worse turned mangy grey. That’s what happens in New Jersey, a fresh white, soft blanket for about an hour and then the slow turn to wet grey slush.

Of course, we won’t get away without the inescapable warm-up and then sudden drop in temperature. Ice rules the day in Maine lately, and it’s coming soon to a driveway, walkway, and stuck door near you. However, with the bitter cold comes the dry air and a subtle change over to working winter gear. Once the moisture gets out of the air, have you noticed that it feels warmer? It may even get cold enough for the snow to squeak when you walk on it. That’s what I’m looking forward to.



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GUEST VOICE

Do you heat with oil, gas, or coal?

by Nancy Oden

At 4 p.m. on Thursday, March 10, I'm going to ask the Washington County Commissioners to allocate some of their federal money to create warming shelters throughout the County — wood-burning stoves in each school — to prepare for the power outages we will certainly be facing sooner or later.

What if we lost the electric grid right now — and it stayed out for weeks? Would you survive in decent shape?

Do you have a non-electric heat source so you don't freeze to death? This is not a theoretical question as we have lost electricity for weeks in the dead of winter when the temperature went down to zero and stayed there.

Some people cannot afford — or live where they cannot have — a wood-burning stove, which is the ONLY realistic, non-electric heat source that can keep people and their homes warm enough over an extended period.

"Oh, I have a generator," people say. How long will that last? When the fuel runs out, there will be no more since gas pumps are also run on electricity, as do the many gadgets we depend on.

It doesn't matter how much "clean" energy is built, whether solar, wind, or even the dangerous nuclear power; one large wind storm can blow down power lines and then — no electricity, no Internet, no iPhones, no electric vehicles, etc.

Ever since I read about the 200-plus people who died in Texas and other Southern states when their electricity cut off due to freezing temperatures last winter, and it took weeks to repair their grid, I've been concerned about the new people who've moved up here who may not be prepared for an extended winter power outage.

We all know Earth is not growing more oil, and that we have to curtail our use drastically to stop the planet's warming.

But what about the world's forests? We can't just let the corporations — mostly foreign

— cut them to death; we need to be very careful about destroying Maine's and the world's forests; they provide the oxygen we need to breathe, as well as heating fuel.

Efforts to market wood pellets, pulp, and paper from trees to foreign lands need to stop; we, the people of Maine, need that wood to keep us warm, especially since coal and oil have to be phased out.

Oil's going to run out sooner if there are continuing wars for oil. We, USA, are bombing Yemen every day — another war for oil — and other Middle Eastern countries off and on, killing local people and using up huge amounts of the world's oil doing so. Now Russia/Ukraine.

So, wars for oil. But here we have the problem of what happens to you when the power goes out? Oil will not help you then.

Our tax monies ought to be spent to meet the needs of regular people, not on questionable "economic development" schemes or giveaways to corporations who want to come here to poison/ravage our natural resources.

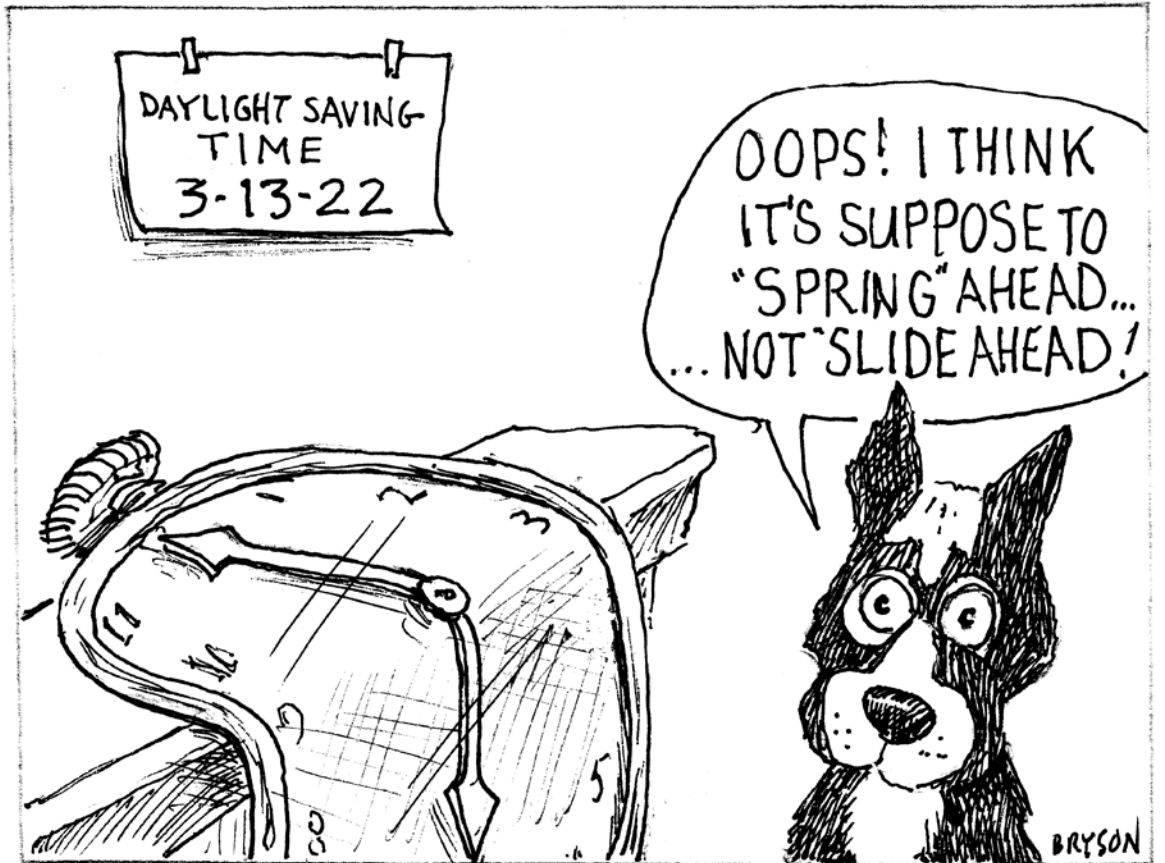
Installing large wood stoves in every school's auditorium in Washington County would help stave off the chances of people dying in the cold. I'll propose a few more ideas, too, on how to spend this perhaps one-time allotment of federal money. Likely you have ideas, too, which you can share at their meetings.

Almost no members of the public attend meetings of the County Commissioners. Therefore, the Commissioners are less accountable if no one questions what they're doing with our property tax money.

Even if just to see who they are and what they do, it would be good to see you there on Thursday, March 10 at 4 p.m. in the county courthouse in Machias. They only meet once a month.

Do you know your County Commissioner?

Nancy Oden lives in Jonesboro. Here e-mail is nancy.cleaneearth@gmail.com



THE EDITOR'S DESK

Sarah Craighead Dedmon

It wasn't until I saw this week's comic (above) that I remembered we're about to spring into Daylight Savings Time, that wonderful annual tradition where we add an extra hour of daylight onto the brightest time of the year.

December and I both have some questions about that logic.

I'm not a fan of the resulting short Sunday, but after the winter we've had, I will not complain when I can eat dinner by daylight, not lamplight, and not only because of Maine's recent, breathtaking electricity rate hikes. That's just a bonus.

Everything costs more right now. We're also catching our breath after Maine's gasoline prices jumped 50 cents in one week, but inflation is impacting everything, including the cost of the garden seeds I just received. Those prices have increased roughly 40 percent compared to pre-pandemic times. But because of similar hikes in the costs of groceries, my savings will increase, too. Slim comfort.

I will not, alas, be saving on tomatoes this year. Traditionally, I plant between 40 and 80 plants, enough for the family to use all year long. But a few seasons of blight have convinced me it's time to lay that crop to rest for a while. Unlike past years, when my eyes were bigger than my garden plot, this year I will be paring my veggie list down to my top 12 or so essentials. There's nothing I enjoy more than fresh salads, so there will be plenty of greens, plus peas, beans, squashes, carrots (fresh garden carrots, the best!), tomatillos, cucumbers, herbs, and maybe a few potatoes.

Plus, literally any other plant that volunteers to grow, because I have a strict "All Volunteers Welcome" policy. I just can't say no to free plants.

If you, too, like free plants, come to Porter Memorial Library on Saturday, March 12. There, where I serve on the board of trustees, the library is hosting its second houseplant slip swap, from 10 a.m. to 1 p.m.

We think this is the perfect time of year to draw people together around plants, just when spring is on the horizon, but garden planting is still desperately out of reach. Bring some cuttings from your favorite houseplants, or come just to bring something home. I'll be contributing spider plant babies, pothos ivy, a few cactus orchid clippings, some Thanksgiving cactus slips, some rare fern leaf cactus clippings, and two wandering dudes.

Lots of other library friends are donating free slips from their own collections, so be sure to have potting soil on hand. We'll also have a small assortment of potted houseplants for sale, all proceeds to benefit the library, of course.

Then, you can wake up one hour later than usual on Sunday, see some bright green evidence of spring in your house, and have dinner by daylight, too.

Spring is almost here.

Legislative Republicans highlight common budget priorities, seek speedy return of taxpayer monies

Legislative Republicans are highlighting areas of common agreement on the Supplemental Budget and are seeking a speedy return of a portion of the \$1.2 billion in over-collected tax revenues projected by the Revenue Forecasting Commission. This is based in the assumption that legislative Democrats, led by the Governor, are not interested in structural tax reduction in lieu of distributions. Governor Mills has credited Republicans with initiating the \$285 checks issued previously.

"We propose returning a portion of the \$1.2 billion in over-collected tax revenues to struggling Mainers, separate from the supplemental budget, and as quickly as possible to provide relief to citizens struggling to pay their bills during this difficult time," said Senate Republican Leader Jeffrey

Timberlake (R-Androscoggin). "The same holds true for proposed investment in direct care workers, behavioral health providers, and providers of long-term support services. All of these areas are struggling from the effects of the pandemic and the response to it. These items can be passed separately from the Supplemental Budget and provide immediate relief."

"Republicans believe we should be discussing how to reform our system of taxation so that we don't continue to have state government over-collect tax revenues to run state government. The over-collection of \$1.2 billion from Mainers will only serve to grow government while family budgets get smaller," said House Republican Leader Kathleen Dillingham (R-Oxford). "If Democrat leaders do not want to have that discussion, the least

we can do is return money to the people now, without delay, to help mitigate the financial burdens being inflicted upon them through government restrictions and runaway inflation."

There are many shared priorities that will be addressed in the Supplemental Budget. They include nursing homes, home health, mental health, and PFAS. Republicans agree that addressing the PFAS issue is an immediate need and support the funds proposed by the Governor to improve and expand testing in Maine, including the testing of wildlife and game that would be for human consumption. We believe there is also a need to develop a program to address the financial impact faced by farmers and homeowners. Before allocating funds, specific language, clear goals and objectives need to be established.

Letters Policy

Letters to the Editor: We reserve the right to publish or not publish a letter. We may edit for taste, clarity, and length. Letters that are potentially libelous, slanderous or written with harmful intent will be rejected. We do not publish form letters, petitions, quotations, or anonymous letters. Please limit letters to roughly 300 words, and send by email to editor@machiasnews.com, by fax 207-255-4058, by mail to Machias Valley News Observer, 41 Broadway, Machias, Maine, 04654. We prefer letters that beget letters — that offer sound opinions on current events, editorials on the community, city, state and federal matters.

GUEST VOICE

We should be concerned about proposed fish farm

by Richard W. Aishton, Ph.D.

Residents in Jonesport are squaring off against an industrial-scale aquaculture project with substantial foreign investment. It is the fourth such large-scale aquaculture project proposed for Maine, three are being proposed by foreign corporations.

The Kingfish Maine project should concern everyone who makes their living on the water in and around Jonesport and Beals Island. Why are these projects attracted to Maine in the first place? It is in part our deep, clean, and cold water. But it is more likely about our weak permitting regulations that have allowed this project to move forward. To understand fully the complexities that have led Maine to be a sought-out location it's important to understand that Maine is a delegated state for the Environmental Protection Agency enforcement for the Clean Water Act. Yet the Maine Department of Environmental Protection is willing to violate the Clean

Water Act by acknowledging the water quality will be reduced by the discharge effluent that will flow into Chandler Bay from the Kingfish Maine fish farm. Maine's Department of Economic and Community Development compelled MDEP to go against its own anti-degradation standards by arguing that the water degradation this project would cause was less important than the economic benefit. The letter was based on a paper prepared by two people affiliated with the Margaret Chase Smith School of Policy with considerable input from Kingfish Maine.

If the discharge permit is issued AND granted (this step remains under appeal) the plan will move forward to the Jonesport Planning Board. Construction would include the following: a 4-foot diameter water intake pipe with a 1"x1" screen that will suck in 28 million gallons of water per day from the ocean in Jonesport (Chandler Bay). Problems?? Kingfish has stated

at public meetings the water they bring in from Chandler Bay will go through a filtration system. Some of it coming in contact with the fish, the majority will not. The water that doesn't come in contact with the fish will be sterilized and then put back into the bay. The first problem with this method is the sterilization process. Water will come in with lobster larvae, shrimp, clam spat, phytoplankton, and all the small organisms that keep the bay's marine ecosystem in balance. The sterilization process will kill everything in the water except viruses that kill finfish. No serious, long-term studies have been done by Kingfish about what this does to an ecosystem when one kills all those organisms. Fortunately for Kingfish Maine the State does not require this type of data. The lack of accurate information, flawed modeling, and 3 times more nitrogen than MDEP usually allows points to a rather large question about the impact

(Guest voice cont. pg. 26)

AG Aaron M. Frey supports nomination of Judge Ketanji Brown Jackson to Supreme Court

Judge Ketanji Brown Jackson is a highly qualified and experienced nominee and will be an excellent addition to the Supreme Court. Not only will she make history as the first Black woman to serve, she would be the first former public defender. She would bring a much needed critical perspective to the court

and should be confirmed with all deliberate speed.

As having formerly been assigned to represent indigent clients in my private practice, I know the in-depth understanding gained by serving the legal needs of people who too often experience real challenges in accessing the judicial system.

Ultimately, this selection makes clear that defending the rights of people who cannot afford a lawyer is just as valuable as representing the wealthiest Americans.

The Supreme Court will undoubtedly benefit from Judge Jackson's impressive resume and unyielding commitment to upholding the Constitution.

✍ Letters to the Editor

Mills cherry-picking her facts

I feel I must reply to the Gov. Janet Mills letter in the March 2 edition of the M.V.N.O. I realize that she will be in a difficult reelection soon but she is using a rather long arm to pat herself on the back in this article. She and her administration are not the sole reasons for everything good that is and has happened in Maine and she also has "cherry-picked" many of her facts.

She says she has brought the

unemployment rate down from 9.1 percent to 4.7 percent. If we removed all new taxpayer-funded jobs (State, County, local including police, fire, EMS, teachers, etc.) what would the real unemployment rate be?

She speaks of the Rainy Day Fund and how much she has built it up but fails to say that most or all of these monies are from federal COVID-19 relief funds which is also money from you

and me, the taxpayers. Even the "surplus income" she has proposed to give back to the taxpayers is really just because of poor money management (both federal and state) by over taxation.

The poor leadership in Washington is dumping our economy down the drain and Maine's leadership is following suit.

Merle Cousins
Southwest Harbor

As a Jonesport lobsterman, I support Kingfish Maine

Kingfish Maine has worked for over two years with our town to build a fish facility and bring new jobs to Jonesport. And this entire time, the majority of Jonesport residents have supported the Kingfish Maine project.

But now, many people from outside of Jonesport, are coming here to tell us what we need and what we don't need.

These people say they represent lobstermen in their opposition to Kingfish Maine. They do not represent me and many other

lobstermen.

They claim to know "facts" about the project. When in reality, they are twisting the truth for their own gain.

They do not represent me. I am a life-long Jonesport resident and a proud lobsterman.

I personally support Kingfish Maine. I have from the beginning and stay true to my word. And I know there are many other lobstermen who also support Kingfish.

Don't listen to the people from

outside our town who say they represent all Jonesport lobstermen. They don't.

Kingfish Maine will be great for our town. More jobs will be created and more Jonesport businesses will benefit from Kingfish coming to our town.

Thanks to Kingfish for your commitment and for selecting Jonesport.

Charles Smith
Jonesport

FREEDOM STUDIES

BY JONATHAN REISMAN

State of the Union: discontent

President Brandon's State of the Union address left me in a state of discontent and anger, which is probably appropriate since that is what 14 months of Brandon has done to the nation as a whole.

Start with the image of Brandon, cackling Kamala, and Botox Nancy, the leaders of our nation. That picture in and of itself reveals how much trouble we are in. Malevolent, dementia-ridden lying Joe, flanked by his clueless, vacuous, word salad spewing VEEP/ (open) border czar/ woman of color preference selected disaster and the oligarch enabling plastic surgery octogenarian queen of San Francisco values with a frozen grin on her frozen features. A picture is worth 1,000 words, and explains Russian, Chinese, and Iranian aggression not to mention American decline.

Then there is the poll-driven lies of commission and omission "substance" of the teleprompter-driven but still substantially mangled speech that Brandon stumbled through while Kamala and Nancy giggled and cackled behind him.

On invasion and borders

As Brandon spoke, the Russian vise on Ukraine was inexorably tightening, and despite his vow to make the Russians pay by destroying their economy, the principal source of Putin's power, energy sales, remains largely unchecked, aided and abetted by Brandon's willful and purposeful destruction of American energy dominance in the name of climate alarmism. Brandon's threats against Russia and Putin are another version of Obama's "red-line": empty, meaningless and ultimately damaging American national security because no one believes it.

The Ukrainian leadership and resistance has been amazingly superior to the repellant joke American version, but the tragic reality is they are going to be snuffed out by Russian aggression coupled with western/NATO hollow hypocrisy and prevarication. The western response is a day late and a dollar short. Corporate media misdirection and belated Brandon bellowing will not be able to obscure the fact that Brandon's feckless Afghanistan disaster led to Putin determining he could invade Ukraine without fear of major

consequence. Do not be surprised when Putin's new BFF Xi joins the hegemon party and invades Taiwan.

After touting the Afghanistan pull-out as a "major success", Brandon somehow forgot to mention it in his speech, until the wonderful Rep. Lauren Boebert heckled him with a reminder of the 13 service members his "major success" killed. In the words of a reviled Star Wars character, "How rude."

In the latter part of his lying speech, Brandon called for securing our borders, which he opened and continues to keep open, offering amnesty to the 2 million unvetted invaders/future Democratic voters who have crossed our Southern border at his behest. Why is invasion and the violation of the Ukrainian/Russian border an important American national security interest worth risking a nuclear WWII over, but the ongoing invasion of America, aided and abetted by Brandon and Kamala, is only worth lying about? The answer is simple: bad polls and Texas Hispanics moving to the GOP.

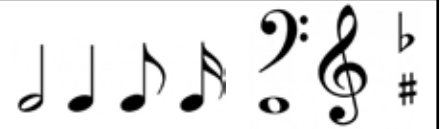
Finally, there was the omission of a major goal that Brandon touted when he came to office: Equity. Equity, which I understand as equality of outcome, requiring that if an "oppressed" group is "underrepresented", quotas, preferences, "anti-racism" discrimination, and "oppressor" reeducation must be used to achieve "social justice". Overrepresentation of oppressor groups (principally white heterosexual males, but also including Jews (who were not considered "white" until the mid to late 20th century) and Asian-Americans (whose attitudes towards education and capitalism are apparently essentially white supremacist)) is prima facie evidence of systemic racism. Equity is the reason the military under Brandon has been conducting thoughtcrime pogroms and is more focused on diversity and purging bias and white supremacy than combat readiness. The omission of equity after so much initial effort and focus is also attributable to poll-driven fear and loathing of the American electorate. Call it Democrat's Democracy Discontent.



flashcrunch.com



Arts & Entertainment



St. Patrick's Day celebration at Machias parish March 17

The Guild at St. Peter the Fisherman Parish in Machias will host a St. Patrick's Day Dinner at the parish hall on 42 Broadway on Thursday, March 17, from 5 p.m. to 7:30 p.m. The dinner will include corned beef and cabbage and a Guinness chocolate cake for dessert. There will be fun

and games for all ages. Tickets are \$10 per adult, \$5 per child, and kids 5 and under eat for free! Tickets will be sold at the door on the night of and online at www.stpeterthefisherman.me. Takeout dinners will also be available. For more information, contact the parish at (207) 255-3731.

'Houseplant Swap and Shop' March 12

Porter Memorial Library is bringing back its popular houseplant slip exchange and plant swap this Saturday, March 12. Bring clippings from your favorite houseplants to swap and share, or come with your spring fever alone and leave with something green to propagate at home.

We will also have a small selection of small potted houseplants for sale, all proceeds to benefit Porter Memorial Library. The event will take place from 10 a.m. to 1 p.m. on Saturday, March 12, at the library, 92 Court Street, Machias. For more information call 255-3933.



UMaine Extension offers seed-starting webinar March 25

University of Maine Cooperative Extension will offer a webinar for home gardeners about starting seeds indoors from noon-1:15 p.m. on March 25.

"Seed Starting at Home" features best practices for starting vegetable and flower seedlings indoors, such as proper timing, supplies for success, and practical tips for managing light, temperature and moisture. Kate Garland, UMaine Extension horticultural professional, leads

the workshop.

Registration is required; a sliding scale fee is optional. Register on the event webpage {<https://tinyurl.com/2zuapx7p>} to attend live or receive the recording link. This is the third in a five-part spring gardening webinar series offered through April for Maine gardeners. For more information or to request a reasonable accommodation, contact Pamela Hargest, 207.781.6099; extension.gardening@maine.edu.



Photo courtesy Maine Cooperative Extension

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Check out outdoor gear from Porter Memorial Library

Downeast Coastal Conservancy (DCC) and the Porter Memorial Library are teaming up to provide outdoor gear for the local community. This program is aimed at helping the community discover and learn about conservation by encouraging children and families to get outside and explore the region's natural assets.

Starting March 1st, five nature themed backpacks will be available. Each backpack includes pocket guides, tools for exploration: binoculars, hands lens, compasses and more, and family-friendly activity cards.

"This program is building on the four nature backpacks we provided to the Lubec Memorial Library last year", said Cathy Lookabaugh, Membership and Outreach Director for DCC. "We (DCC) recognize there can be many barriers to outdoor recreation including the prohibitive cost of outdoor gear, therefore we are continually working to design community resources that are focused on making outdoor activities attainable for everyone."

In addition to the nature exploration backpacks, DCC is also providing the Porter Memorial Library with ten pairs of snowshoes that participants can check out free of charge. "Check one out, just as you would a book, and then get outside to explore," expressed Lookabaugh. If you are unsure of how to utilize the gear, Lookabaugh



Downeast Coastal Conservancy and Porter Memorial Library have partnered to make snowshoes and nature backpacks available for check out. Porter Memorial Library is located at 92 Court Street, Machias. For more information, call 255-3933. Photo courtesy Pixabay

encourages folks to join DCC staff for guided hikes which happen throughout the year.

Patrons with a library card will be able to check out one of the five backpacks for 14 days and a pair of snowshoes for seven days. Machias residents receive free library cards, and children of any community receive free library cards.

Of the 10 pairs of snowshoes available, two are specially designed for adult males, two are designed for adult women, and six are designed for youth. The backpacks can be renewed if there are no reserve requests waiting to be filled. Snowshoes

are available for a shorter checkout period to allow additional patrons the opportunity to hit the trails before snowmelt. Both items must be returned in person during the library's operating hours. Fees may be assessed for lost or damaged items.

DCC is a non-profit organization whose mission is to conserve essential ecological habitats, engage the local community, and foster an environment where wildlife and people thrive. To learn more about the land trust or find information on upcoming events, please visit downeastcoastalconservancy.org.

EAC Sunday Series continues with Harpsichord Hour

EAC's Sunday Afternoons at the Arts Center series will continue at 3 p.m., Sunday, March 20, when Gregory Biss will present the popular annual Harpsichord Hour. This year Biss will perform and talk about several selections from the Fitzwilliam Virginal Book, a large compendium of chiefly English keyboard music composed between 1560 and 1610. He will be playing on EAC's harpsichord, an 18th-century style, single-manual instrument, built in 1964 by Eric Herz in Cambridge, Massachusetts.

Biss was born in Illinois and educated in New England and Germany. He studied piano with Lionel Nowak and Nadia Reisenberg and composition with Leon Kirchner and Karlheinz Stockhausen. His music has been performed by the Denver Symphony, the Los Angeles Philharmonic, and the Vermeer Quartet. Retired from a 20-year career as a scuba diver in the aquaculture industry, Biss remains active as a piano technician, has been a longtime member of the piano faculty at Summer Keys in Lubec, and serves as president of the EAC Board. His violin concerto, *Just a Sec*, was premiered by Trond Saeverud with the Passamaquoddy Bay Symphony

Orchestra. Recently, he has been rekindling a long-time interest in providing music for dance choreographers and is at work on a children's opera project.

Next in the series will be a presentation from Raye's *Mustard Mill: From 19th Century Sardines to a 21st Century Boutique Business*, on March 27. Karen and Kevin Raye, 4th generation owners of the business, will talk about the history and the future of America's last remaining traditional stone-ground mustard mill. The second oldest business in Eastport, J.W. Raye and Company played a pivotal role in Maine's once-dominant sardine industry. Today the historic mill is the last of the city's traditional manufacturing businesses still in operation and features a rare example of genuine Second Industrial Revolution machinery still in use.

The Rayes will discuss the survival of the venerated business through more than 120 years, their collaboration with other Maine food producers, and their efforts to ensure the future of the mill as both a significant tourist attraction and a source of traditional manufacturing jobs. Those efforts include plans for the construction of a new building to house a museum showcasing the history of the mill and the local

sardine industry and preserving the one-of-a-kind equipment for future generations to see in operation.

Sunday Afternoons at the Arts Center programs are held in the Washington Street Gallery, downstairs at EAC. Voluntary donations sustain these programs; no one will be turned away for lack of funds. Proceeds are shared equally between the presenters and EAC constituent group The Concert Series, which offers year-round programming run by volunteers. The series will run at 3 p.m. each Sunday through April, skipping Easter Sunday. For more information, and to view the rest of the series lineup, please visit <https://eastportartscenter.org/constituent-groups/the-concert-series/>.

Eastport Arts Center is at 36 Washington Street, Eastport and eastportartscenter.org, and is handicapped-accessible. EAC abides by State of Maine CDC COVID guidelines. Additionally, at this time, patrons are required to wear masks when in the EAC building. Weather-related program postponements will be announced by 11 am on the day of the event, on the EAC site and Facebook page, and on the Center's answering machine: (207) 853-4650.

Arts & Entertainment

Eastport Arts Center offers open mic series

EAC's Open Mic series will return this year, with events planned for March, April and May. The first of these will be 6-8 p.m., Saturday, March 19. Spectators and performers of all ages are invited to the family-friendly event, which is held downstairs at EAC. All types of performances are welcome; the maximum time slot is 10 minutes, but shorter acts are also acceptable. EAC will provide a small sound system, and all interested in performing can sign up upon arrival at the event, or in advance by email.

"We are thrilled to bring back the Open Mic tradition," said Alison Brennan, event organizer. "Mark Macey will be our emcee, and he is looking forward to introducing all our local musical and spoken word talent. There are perennial favorites that join us each year plus each night offers an opportunity for new people. It's such a pleasurable way to spend an evening, and the audience is always so appreciative."

The event boasts free admission; donations are gratefully accepted. EAC Open Mic nights are possible due to the generous sponsorship of

The First National Bank.

Please email Brennan at alison@eastportartscenter.org if you have questions about your act or would like to sign up for a performance slot in advance. Upcoming event dates are April 16 and May 14. Eastport Arts Center is at 36 Washington Street, Eastport, and eastportartscenter.org, and is handicapped-accessible. EAC abides by State of Maine CDC COVID guidelines. Additionally, at this time, patrons are required to wear masks when in the EAC building.

Artists, galleries sought for 2022 Artsipelago cultural guide

The Tides Institute & Museum of Art (TIMA) is seeking artists, galleries, cultural institutions, and sponsors around the Passamaquoddy Bay area to join the upcoming 2022 edition of Artsipelago, a double-sided printed map, and cultural guide and online directory.

After a two-year hiatus due to the pandemic, the 2022 printed edition of Artsipelago will be launching with newly-added Passamaquoddy place names to better reflect the cultural heritage of the region. 6,000 printed copies of the map with the cultural guide will be distributed around the region, including visitor information centers in both the U.S. and Canada.

Artsipelago is the only cultural guide of its kind in the area, offering significant potential visibility for artists, galleries, and cultural

institutions that participate. Each listing will be marked on a full-size map of the bay and detailed on the backside of the map.

TIMA collaborated with the Passamaquoddy Tribal Historic Preservation Office to accurately record significant place names throughout the region. 2,000 copies of the map – with the cultural directory omitted – will be available for purchase through TIMA and the Passamaquoddy Tribal Historic Preservation Office.

To be included in the 2022 edition of Artsipelago as an artist, gallery, cultural institution or sponsor, please contact Lura Jackson at Ljackson@tidesinstitute.org. Sponsors who wish to support the project will be featured prominently in the guide and in the online directory.

Uncovering the history of a 100-year-old quilt

Forty-two 12-inch quilt blocks, all but one embroidered with an individual name, and sewn together to make a quilt topping. Some of the squares include a year – 1922 – that meant something special to the women who sewed the quilt blocks.

The antique quilt is on display now for National Quilting Month at Porter Memorial Library in Machias. Arrayed with red, green, blue, ivory, pink, yellow, and black lettering, the textile artifact seems to have been stored for years without ever having been quilted. It arrived at the library last summer, donated by Rebecca Blackmon of Rockport, Maine. Originally, it had belonged to the donor's grandmother, Ruby Helen Marston LeMay, who was born in 1894 and lived in Jonesboro

The old quilt from Jonesboro is a tangible record of life from an earlier time. Its embroidered scripts are hard to discern, but names on the quilt appear to be: Agnee Anderson, A. B. Drisko, Myra Drisko, Addie Fish, Katherine Fish, L. D. Fish, Etta Foss, C. C. H. Grimes, Millie Look, Mina V. Lowe, Clara A. Marston, Alice Mawhinney, Estella Mawhinney, Raney Mawhinney, Retta Mawhinney, Sadie Mawhinney, L. W. McElroy, Jamie McLaughlin, Carrie T. Noyes, Myrtle L. Noyes, Rhoda Noyes, Edith Roney, Alice Shuman, Millie Smith, Mittie E. Smith, Annie W. Tucker, Gerta Varney, Lory M. Watts, Minnie Watts, Christine White, May White, Minnie White, Blanche M. Whitney, Effie Whitney, Josie Whitney, Julia Whitney, Maud Whitney, Susie Whitney. Three quilters signed with initials only: E.G.R., T.J.S., and A.L.W.

Who were these quilters, and why did they sew as a team in 1922? Each took care to sign her work in her own hand: signatures as distinctive as if they'd been written in ink. Did the quilters belong to one of the Jonesboro social groups of that era, such as the Grange, Washington County Farm Bureau, or Jonesboro Union Church? Rebecca Blackmon, who donated the quilt to Porter Memorial Library, recalls that her grandmother, Ruby, used to sew, but never saw her grandmother make a quilt. We know that 1922 had to have been memorable for Ruby, because it was the year that her daughter, Mirian LeMay (later Blackmon), was born.

In order to display the unfinished quilt top at Porter Memorial Library for National Quilting Month, library



Now on display at Porter Memorial Library is this 100-year-old quilt that carries stories we do not know. Do you know some of them? We'd love to learn more. Visit us at 92 Court Street during March, National Quilting Month. Submitted photo



Most of the quilt squares have embroidered names and details, like this one marked with the year 1922. Submitted photo

volunteer Cindy Griffin who is also a member of the Downeast Quilters Guild, machine-stitched new batting and backing to the original quilt top, and then hand-stitched a sleeve onto the backing to accommodate a curtain rod.

Maybe you can help us to piece together more bits of history that lie behind this dear old artifact. Alongside our display of the antique quilt, we've made a logbook available so library visitors can write down what they may know about the quilt, its makers, or quilting in general. We've also got library books from our collection

to support anyone looking to research Jonesboro history. Both *The History of Jonesboro Maine: Bicentennial 1809 – 2009*, and *History of Jonesboro Church 1840 – 2000*, reference many of the individuals whose names appear on the quilt.

To view the 100-year-old quilt and take part in a local history challenge, please visit Porter Memorial Library at 92 Court St. in Machias. Our hours are Tuesday to Friday from 10 a.m. to 5 p.m. and Saturday from 10 a.m. to 1 p.m. Call us at 207-255-3933, or email librarian@porter.lib.me.us.

Dining with Diane



I don't know if this would be considered a salad or a dessert. It is so delicious. I made it for a family gathering and it got rave reviews. The recipe is for a lightened-up version but I think full-fat ingredients would be great. Any type of apple will work just fine but we love Gala or Red Delicious.

CARAMEL APPLE SALAD

- 1 c. cold fat-free milk
- 1 pkg. sugar-free instant butterscotch pudding mix
- 2 c. reduced-fat whipped topping
- 3 ½ c. chopped unpeeled apples (4-5 apples depending on size)
- ½ c. chopped salted peanuts

In a bowl, whisk milk and pudding mix for 1 minute. The mixture will be thick. Whisk in 1 cup whipped topping. Fold in remaining whipped topping. Fold in apples. Refrigerate until serving. Sprinkle with peanuts.

Makes 6 servings (2/3 c. each)

St Patrick's Day Dinner

At Holy Name Parish Hall:
42 Broadway St, Machias

Dine In & Take Out Options: Corned Beef, Cabbage, Beer Bread, Guinness Chocolate Cake

Adult: 13+ (\$10) or Child 5-12 (\$5)

*Kids 4 and under eat free: Menu of Mac n' Cheese & Nuggets Available

Snow Date: Sat, March 19, 5-7:30pm

Date: March 17, 2022
5 pm to 7:30pm



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Tournament notebook

by Wayne Smith

Music pumped slowly into The Cross Insurance Center in Bangor. It was like a mini-concert of sorts. Big cameras and journalists find their way to the press table. There was a buzz in the air, a magical journey that every basketball team wanted to ride. A chance to play in the high school basketball tournament. The tournament is a tradition, like apple pie. To make it to the big dance is a great feeling.

I caught up and interviewed Ben Barr, WABI Sports Director, while I was there. Barr told me, "My favorite part of the tournaments is the fan groups that come out for the different teams. It's different in how the arenas look at the different sessions. People are going crazy about their teams. There is a lot of pride here. There have been a lot of close games and some upsets. I like to see the madness." Barr does the sports for WABI Channel 5, out of Bangor. He's behind the camera giving tournament updates. Barr is a rookie at channel 5 as he has been here for six months on the job. Barr is just getting his feet wet. It's his first basketball tournament that he has covered in Maine.

"When you're interviewing

people, you tell them to look at you- not at the cameras. It's about breaking down barriers. It's all about meeting new people. I'm cracking jokes with other anchors in the studio before I do my sports on television," said Barr. "I really have a good sense of humor. I like to have fun. People know that right off the bat. You have to love your work. If the tournament games are not close, I just get a couple of basket shots to show when I do my sports on channel 5." Barr got into journalism by taking a course in high school. It was his last credit for the semester. "I love what I do. I love lobster and I love Maine," he said.

Bryan Sidelinger helped out Barr with the camera. He gives him pointers. Like Barr, Sidelinger does sports reporting for WABI Channel 5. His story started out as a bartender. Sidelinger explained, "I was a career bartender all my life. I knew I couldn't do this forever. I didn't want to be a 50 or a 60-year-old bartender. I have seen it all. I worked in a dive bar in the summer and in the winter I worked at a yacht club. I worked for the very wealthy that had millions of dollars and a couple of billionaires. In the summertime, I bartend for

carpenters and lobster fishermen. I saw all the rich that could pound vodka till one in the morning, singing at a piano bar. I have seen the not-so-wealthy drink Budweiser and Allen's Coffee Brandy all night long," said Sidelinger.

Sidelinger played in the basketball tournament as he was a third-string senior. He admitted that he didn't play much. Sidelinger scored one point at the Bangor Auditorium. "The Bangor Auditorium was like an old barn for sure," he said. Sidelinger got his foot in the door of WABI and the rest is history. "Taking the camera and keeping everybody in frame...you don't get caught up in it. It has been a long week so far. I thought it was Wednesday but it was only Monday." Sidelinger's day was done. He went out and got a hot dog as he turned into a spectator.

I caught up with Jerry Goss, who has been a co-director of the high school tournaments for ten years. He gave me some thoughts on the tournaments. "The venue has changed from the Bangor Auditorium to the Cross Center. The Cross Center has an atmosphere of its own. It has hot water, heat, no leaks, and a good floor," said Goss. "It was time to retire the auditorium as it had too many shortfalls. The auditorium had its own atmosphere. I loved to see all the excitement of the fans. People in and out. I have a lot of proud moments, kids giving it all on the court. You win some, you lose some, but you play hard," he said.

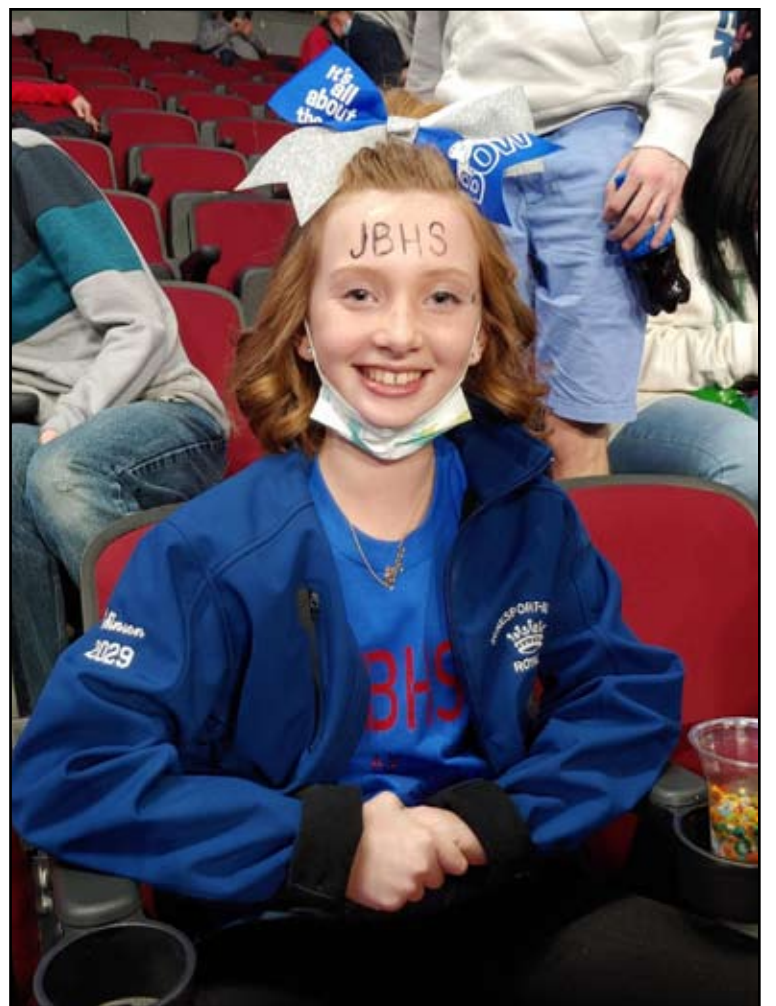
Goss told me that it takes months ahead to plan for the tournament. He has a great system in place. But each year he has to make adjustments. "We have a solid plan in place," said Goss. "There are a lot of late nights and a lot of phone calls. There is a lot of stuff behind the scenes that people don't see. I told the teams when I met with them that basketball is a simple sport. When you get the ball, put it in the hoop, and don't let the other team make a basket. Goss was too short to play basketball. Though he did grow a foot his senior year. Baseball was his sport.

Vinnie MacLean, of Jonesport, has both coached and played in high school tournaments. Jonesport- Beals won the 1983 State Championship in Class D that year. MacLean was the stellar point guard on the team that year. MacLean reflected, "It was fun that year. All of us wanted the same goal-winning a State Championship. We played for one another every night. We didn't have to be motivated. We were self motivated all the time to win," he said.

Playing at the old Bangor Auditorium. "It was a lot louder at the Bangor Auditorium than the Cross Center, and the seating was much better, and more room. And the bleachers fit people that didn't like the seat above. The Cross Center is nice and much needed, but I will never forget the old barn. The atmosphere was crazy every game," said MacLean. "The atmosphere in the tournament was crazy when I played. That's all we thought about in February. We would have to get to the tournament and see what



Alvin Beal, Adam Robinson and Marc Crowley dressed up for tournament week for Jonesport Beals.



Reagan Robinson cheers on Jonesport Beals at the tournament in Bangor.



Wayne Smith flanked with Ben Barr left and Bryan Sidelinger right both are sports reporters for WABI Channel 5 out of Bangor at tourney.



Skipper Alley calls a timeout for Jonesport Beals at the tournament in Bangor.

happens," he said.

Some never go to the big dance. "There are teams and children that never got to play on the big venue at the tournaments," said MacLean. "Some are still working on getting there, that's all we heard about growing up. When it came basketball season, the whole world would stop. It was all about getting to the big dance. I wished every kid got to experience it. It's hard to forget the tough losses, especially as a coach. You want to see the kids happy and experience the happy part of winning, but in the same sense on the other side of it when you lose it hurts and hardens these young men and women for life. Coaches teach both sides of winning and losing. It's about life lessons. I hope kids learn a little about basketball and a lot about life. You always put your kids first," said MacLean.

"As for now, I'm like that five-year-old kid with a basketball in my hand, inside the body of a 57-year-old. I'm a kid at heart. What I take away from basketball when I'm gone. I have had a ringside for the kids that I have coached over

the years. Absolutely priceless for me as a coach. I love all of them... if they liked me or didn't like me. I learned over the years to erase those games that the team loses and quickly get it out of my mind," he said.

"Plain and simple. Everybody is happy when you win," said MacLean. "If you lose it's a quiet ghost town basically for a few days. Then it's on to the next year. Winning a game at the tournament, you play in the half-court as well getting up and down the court. For most games, the crowd was right to the top of the auditorium. And honestly, as a player, you didn't hear the crowd. You just blocked it out and did whatever you had to do to win. Crowds make a huge difference. The community support for many schools at the tournament games...it was a wonderful experience. I wish every kid had a chance to experience the tournament. It is something that you will never forget. It never gets old," he said. MacLean has dug working and he finds the beauty of the water when he's out there lobster fishing. And he told me that it's relaxing.

Out and About in Columbia

by Ronie Strout

On Sunday, February 27, my grandchildren Asa and Mabel came to visit and they wanted to make cookies with me. Nana Ronie obliged, Asa made molasse cookies and Mabel made chocolate cookies. They both took most of them home with them. This was a treat to them and myself having the children and their parents here for a visit.

My genealogy class is going well, introducing how to get on ancestry and finding out how to operate the site. I was able to help in finding some information on the Canadian side for one of my participants. The evening went very fast for us.

On Friday the 4th, I drove the Milbridge Elementary 2nd-grade and 6th-grade students to Chalk Pond to experience their first-time ice fishing. Even though it was a cold day to be out on the ice, the

students had fun catching fish and being outside enjoying the experience. They also enjoyed their lunch that was made up of hotdogs, deer, and moose meat, along with chips, juice, cheese and crackers, and cookies. Most of the students had their first taste of the deer and moose meat and said they loved it.

I got a big kick out of frying up the moose meat when one of the students said they thought it was neat the bus driver could cook too. I do enjoy mingling with them. It was a great day all around.

I have been preparing for my genealogy class on March 7th, over the weekend, and took items to the Jonesboro Grange for their coming up Indoor Yard Sale on the weekend of March 12 & March 13 from 9 a.m. – 4 p.m. both days.

What a nice day we had on

Saturday, the sun was shining and I hung out a few things on my clothesline. I did get the chance to visit with three families in the neighborhood later in the day.

Upcoming events

Indoor Yard Sale: Jonesboro/Roque Bluffs Volunteer Fire Dept & Jonesboro Grange #357 are having an indoor yard sale on March 12 & 13 from 9 a.m.-4 p.m.. Proceeds to be split between two organizations. Contact: LouAnn & Norm Cox 207-434-2131 to bring donations to them before the sale.

Cherryfield Free Library is starting up its "Drive-Thru" dinners at the library. On Saturday, March 19th at 4 p.m. \$10.00 a meal. "Luck O' The Irish" dinner featuring Cottage Pie (Shepard's Pie made with hamburger instead of lamb,) a Roll, and Guinness Gingerbread.

Looking Back in History

by Ronie Strout

YESTERDAY from Machias Union of 1866, extracted by M. Myers

10 April 1883: Harrington

Stillman W Nash, son of Ebenezer Nash of Columbia, died at Harrington in 1844. When Stillman settled at Harrington, there were three houses and a mill. Stillman married Charlotte C., daughter. of Abraham Nash of Columbia. When Stillman died, he left 5 children. Three are no living: Alonzo P. Nash & Mrs. J. H. Hamlin of Harrington, and Mrs. Evie J. Ray, wife of Capt. Henry S. Ray of Bradford, Mass.

Stillman was building the *ORIENTAL* when he died. It is the same vessel that Capt. William C. Talbot sailed from E. Machias to

San Francisco. Mrs. Charlotte C. Nash finished building the vessel. The proceeds of the sale of the vessel enabled her to pay the debts left by her husband at his death. She continued building vessels, boarding the ship mechanics and working diligently herself. She built 16 vessels and owned a 16th of each one. She always kept the home that her husband bult and she provided comfortable things for her family.

She went to Bradford in the fall of 1882, to visit her daughter. She was taken sick and died there on Mar. 17, 1883. Those who knew her say, "she did me no evil, only good."

21 April 1885:

Bark *JOHN F. ROTTMAN*, Capt. Nash, from Maceio for Halifax, put in to Bermuda on Apr. 7th, leaking

and with loss of sails. Her crew was sick from blood poisoning occasioned by gas emanating from a cargo of sugar. One crewmember was buried at sea. Another died Apr. 7th and was buried on Nonsuch Island. Vessel ordered to quarantine. Capt. Nash is son of Alonzo P. Nash of Harrington.

17 Nov. 1885:

Alice & her brother, Willie Drisko, left for Northville, Dak. On Sept. 28th. They are the only children of Augustus M. Drisko who went to Mich. in 1868. He settled at E. Saginaw and died of paralysis of the brain the next year, leaving Alice [age 3 years] & Willie [age 9 months.]. They came East in May, 1879, and have since been living with their grandparents.

Whitneyville Library News

It has been a busy week at the library as home schooler's came to check out books and visit the library. We also have tutors coming to the library with their clients to site and work with them in the library. Workers of Living Innovations and their clients have been to the library this week to play board and card games and to partake in karaoke singing their favorite songs. It was a fun week!

Friends of the Whitneyville Public Library are getting ready for the April 2 public supper. Turkey and all the fixings are on the menu and as always these public suppers are held at the Hillgrove Community Center across the street from the library. The public suppers begin at 5 p.m. and the price is \$10 for adults and \$4 for children under 12. Each public supper is all you can eat or as Nate Pennell says, "No one can leave till all the food is gone."

These public suppers are one of many fundraising events the Friends of the Library put on each year to raise the funds needed to keep our library and gift shop doors open. The Friends of the Library is also planning another craft event to take place in November to be held at the Lee/Pellon center. More details of this event will be given

at a later date in this article. Our lobster roll/book and craft fair will also be another event the Friends of the Library is working on. Date and time of this event is still be planned. So keep an eye on this weekly article for more details.

Don't forget to check out the Whatnot Gift Shop located inside of the Whitneyville Public Library. Forty-two local crafter's have their products for sale and there is always something for everyone. The gift shop has many hand knitted items and wood items for sale as well as pottery, jewelry, goat soaps and lotions as well unique items on display for sale. So stop by the gift shop which is open Monday to Saturday from 10 a.m. to 4 p.m.

With no fee for a library card and no overdue fines the library welcomes readers from all surrounding. Want to read a special book and we don't own it then ask up about interlibrary loan and how we can get books requested that we do not own. With three computers for public use the library has high speed internet and Wi-Fi for those with laptops. The library is open daily Monday to Saturday from 10am to 4 p.m. You can check us out on Facebook or visit our website at www.whitneyville.lib.me.us.

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Church Directory

St. Aidan's Episcopal Church, 36 Dublin St., 255-4995. Sunday services at 9:30 a.m. in person and on Zoom.

Reach Wesleyan Church, 207-497-2225 or 207-512-6718

Bucks Harbor Baptist Church - facebook.com/Bucks-Harbor-Baptist-Church-142168602475898/

Machias Christian Fellowship meets on Sunday mornings at 8:30 a.m. and 10:30 a.m. Prayer meeting held Thursday night from 7-8 p.m. We offer a Wednesday evening service at 6:30 p.m. 3 Davis Road, Machias. FMI call 255-8287.

Centre Street Congregational Church, UCC - www.centrestreetchurch.org/. 10 a.m. Sunday, online. Email

centrestreetworship@gmail.com for Zoom link. Include your name, as well as a cell number if you'll be using it. 255-6665.

Cherryfield First Baptist Church - facebook.com/First-Baptist-Church-Cherryfield-Maine-427258604284349/

Cherryfield First Congregational Church, 207-843-5656.

Christian Science Society of Calais. 207-454-3409 or 207-454-2295.

Christian Temple Church, 207-733-2887

The Church of Jesus Christ of Latter-day Saints, 207-483-8055.

Cobscook Friends meeting, 207-733-2068

Columbia Falls United Methodist Church, 207-483-4094.

Community of Christ - 497-5723.

Comunidad de Cristo, 207-497-2618.

Cutler United Methodist Church, 207-454-0142 or the church at 259-2097

Dennysville/Edmunds Congregational Church - FMI call 726-3905.

Downeast Baptist Church: Sunday

Morning Worship Service at 11 a.m., Wednesday Evening Prayer Meeting and Bible Study at 7 p.m. The church is located at 393 Dublin St, Machias, ME 04654. Call 255-5822 FMI.

Downeast Christian Church (Harrington) - facebook.com/decc.maine/

Faith United Methodist Church, 207-483-4094

First Congregational Church 259-2101

Holmes Bay Baptist Church, 255-

8227
.....
Holy Trinity Chapel, 207-726-5129.

Jacksonville United Methodist Church, 9:00 am Sunday Worship Services & 10:00 am Wednesday Bible Study. 325 Jacksonville Rd/Rt 191, East Machias. Pastor Sharon Grant. 207-255-6282 or 207-454-0142.

Jonesboro Union Church - FMI call 902-3314.

Lifespring Chapel Church of God, 207-460-1392.

Machias Valley Baptist Church- FMI call 255-4476.

Machiasport Congregational Church, See us on Facebook

Marshfield Congregational Church, 23 Church Lane, Marshfield. Pastor John Sprague. 8 am Sunday service. Tel. 271-0759.

Milbridge Congregational Church, 207-664-4861.

Milbridge/Wyman United Methodist Churches, 207-866-2144

New Dawn Pentecostal Church, 207-546-7069 or 207-255-8621.

New Dawn Fellowship, 207-255-8621.

Pentecostal Lighthouse, 207-255-3577.

Perry Congregational Church

Roque Bluffs Community Chapel,

River of God, 207-255-6369.

St. Peter the Fisherman's Parish, 207-255-3731.

Sawyer Memorial Congregational Church, 207-497-5985 or 207-497-2294.

Steuben Union Church, 207-546-2656.

Three Angels Seventh-Day Adventist Community Church, 207-259-4400.

Unionville Church of God, 207-546-2668.

United Pentecostal Church

Wesley Community Church (508)450-9672

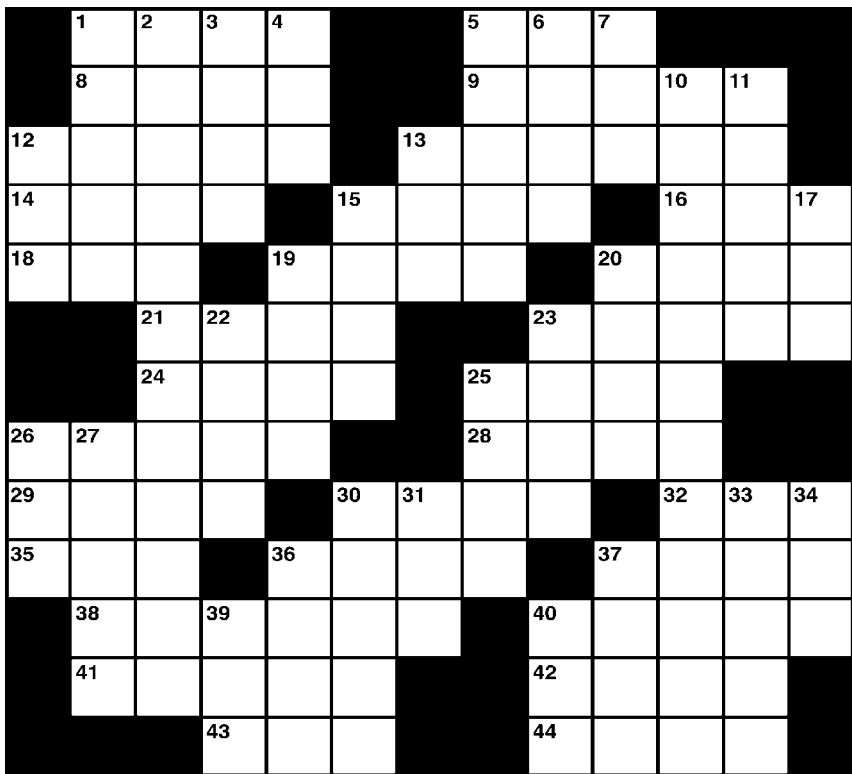
West Lubec United Methodist Church, 853-4603; 207-733-2426; 207-483-4052.

Whitneyville Congregational Church, 207-255-8640.

Catholic services: www.portlanddiocese.org/online-Mass

THE TV CROSSWORD

by Jacqueline E. Mathews



Created by Jacqueline E. Mathews

3/6/22

ACROSS

- 1 ___ Savvic; actress on "Big Sky"
- 5 ___ Lim; role on "FBI"
- 8 "___ Wolf"; popular 2011-17 MTV series
- 9 Trudy ___; "Chicago P.D." role
- 12 Kelly of "The O.C."
- 13 Role on "Fantasy Island"
- 14 "Two and Half Men" role
- 15 Airhead
- 16 Steiger or Stewart
- 18 "A Nightmare on ___ Street"
- 19 Allen & Daly
- 20 Athletic shoe brand
- 21 "Beat it!"
- 23 Role on "Ghosts"
- 24 Where Graceland is located: abbr.
- 25 Sitcom for Sherman Hemsley
- 26 "Men in ___" (2006-08)
- 28 Beyond risqué
- 29 "___ Copy" (1989-99)
- 30 Canter or gallop
- 32 List-shortening abbr.
- 35 "Pirates of the Caribbean: At World's ___"

- 36 Author Leon
- 37 "___ Man"; movie for Robert Downey Jr.
- 38 Actor James ___
- 40 Lee or Alexander
- 41 Shed crocodile tears
- 42 "___ the Sun in the Morning"; Irving Berlin song
- 43 Stir-fry dish
- 44 Nights we watch "Ordinary Joe": abbr.

DOWN

- 1 Coral island
- 2 Series for Ryan Eggold
- 3 Stapleton or Smart
- 4 Ms. Jillian
- 5 Apple tablets
- 6 Singing voice
- 7 "The ___ King Cole Show"
- 10 Actress on "NCIS: Hawaii"
- 11 ___ fancy to; liked from the git-go
- 12 Charlotte ___
- 13 Role on "Home Economics"
- 15 Singer Celine
- 17 Busiest mo. at the mall
- 19 Great quantity
- 20 Vane letters
- 22 Pay attention to
- 23 "How ___ Your Mother"
- 25 MacGraw & Larter
- 26 "___ West Wing"
- 27 "Home on the ___"
- 30 "My Big Fat ___ Wedding"
- 31 "The Fresh Prince of Bel-___"
- 33 Sounds from a ferry's horn
- 34 "The Situation Room with Wolf Blitzer" network
- 36 "Do ___ others..."
- 37 Villain in "Othello"
- 39 "Pretty Maids All in a ___"; Rock Hudson film
- 40 Belushi or Carrey

Solution to Last Week's Puzzle

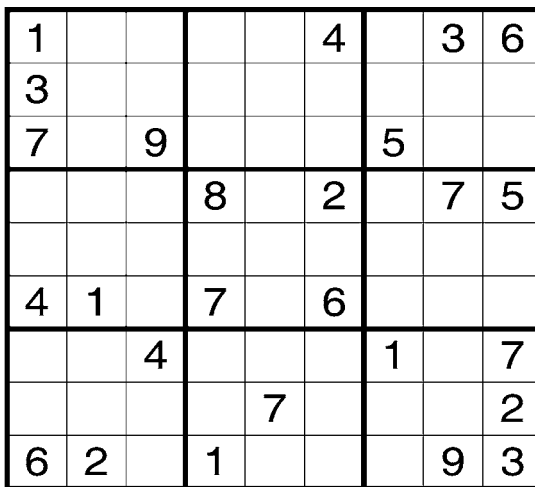


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SUDOKU

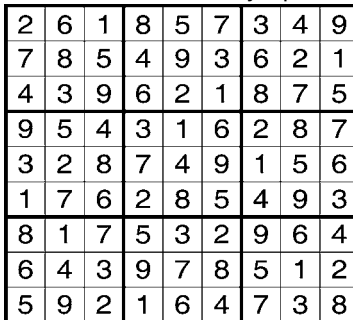
THE SAMURAI OF PUZZLES By The Mepham Group

Level 1 2 3 4



Solution to Wednesday's puzzle

3/4/21



Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit sudoku.org.uk

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Boggle BrainBusters!

By David L. Hoyt and Jeff Knurek

INSTRUCTIONS: Find as many words as you can by linking letters up, down, side-to-side and diagonally, writing words on a blank sheet of paper. You may only use each letter box once within a single word. Play with a friend and compare word finds, crossing out common words.



9-12-20

BOGGLE POINT SCALE

- 3 letters = 1 point
- 4 letters = 2 points
- 5 letters = 3 points
- 6 letters = 4 points
- 7 letters = 6 points
- 8 letters = 10 points
- 9+ letters = 15 points

YOUR BOGGLE RATING

- 151+ = Champ
- 101-150 = Expert
- 61 - 100 = Pro
- 31 - 60 = Gamer
- 21 - 30 = Rookie
- 11 - 20 = Amateur
- 0 - 10 = Try again

Boggle BrainBusters Bonus

We put special brain-busting words into the grid of letters. Can you find them?

Find THE FIRST FIVE GREEK LETTERS in the grid of letters.

Answers to Friday's Boggle BrainBusters: BABY MOLAR WISDOM INCISOR

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Community Calendar

Upcoming events

.....
March pop-up book sales: Every Friday in March visit Porter Memorial Library in Machias for a pop-up book sale and free popcorn. The pop-up sale is designed to fit on top of one 6-foot folding table. Expect to find a different assortment of hardcover and paperback books on display each Friday. Dates for Pop-Up Book Sales (& Popcorn!) are **March 4, 11, 18, and 25**. The library is located at 92 Court Street, Machias. FMI call 255-3933.

.....
County Commissioners meeting: The

Community Calendar

Continued from page 12

Washington County Commissioners will meet at 4 p.m. on Thursday, **March 10**, for their regular monthly meeting. Meetings are held in the Probate Courtroom of the Washington County Courthouse, Court Street, Machias.

Cobscok Institute Writers Group will meet from 1 to 3 p.m. every other Thursday online. Upcoming dates include Thursday, **March 10**, and Thursday, **March 24**. New and or seasoned writers are welcomed to join the Thursday Writers Group. No fee, donations are always appreciated. For more information contact Michael Brown at mrbrown64@msn.com.

Overdose response training: The Community Caring Collaborative (CCC) and Maine Access Points (MAP) invite you to join us for a free virtual lunch and learn event on **March 11: Be A Life Saver: Overdose Response & Naloxone Training**. This educational event will be held on Zoom from 11:30 a.m. to 1 p.m. Register at www.ccc-maine.org. For more information or to connect with our Washington County Program email chasiy@maineaccesspoints.org or call/text 207-370-1042. Our website is maineaccesspoints.org.

The Porter Memorial Library House Plant Sale and Clipping Swap will be held from 10 a.m. to 1 p.m. on Saturday, **March 12**. Have clippings to share or donate? Start them now in water so they'll be ready for the big day! Join us at the library, located at 92 Court Street, Machias. FMI Call 255-3933.

Fire Department / Grange fundraiser: The Jonesboro/Roque Bluffs Volunteer Fire Dept & Jonesboro Grange #357 are having an indoor yard sale on **March 12-13** from 9 a.m.-4 p.m. Proceeds to be split between two organizations. The sale will take place in March at the Jonesboro Grange, Route 1, Jonesboro. Contact LouAnn & Norm Cox 207-434-2131 to bring donations to them before the sale.

St. Patrick's Day Dinner at the Machias parish hall on 42 Broadway on Thursday, **March 17**, from 5 p.m. to 7:30 p.m. The dinner will include corned beef and cabbage and a Guinness chocolate cake for

dessert. There will be fun and games for all ages. Tickets are \$10 per adult, \$5 per child, and kids 5 and under eat for free! Tickets will be sold at the door on the night of and online at www.stpeterthefisherman.me. Takeout dinners will also be available. For more information, contact the parish at (207) 255-3731.

Downeast Public Health Council Meeting: 9 to 11 a.m. on Friday, **March 18**. This will be a virtual meeting on our Zoom platform. For more information or question, please contact Al May, Maine CDC Downeast District Liaison, (207) 255-2017 or Maura Goss, Council Coordinator, (207) 592-5024

PML Quilting demonstration: Porter Memorial Library will host a sewing and quilting demonstration by members of the Down East Quilters Guild on Saturday, **March 19** from 10 a.m. to 1 p.m. Down East Quilters is affiliated with the state-wide guild, Pine Tree Quilters. In addition to the demo, we'll have quilts on display, including one very special antique quilt donated to the library by Rebecca Blackmon of Rockport, Maine. The library is located at 92 Court Street, Machias. FMI call 255-3933.

Drive-Thru Dinner at the Library: Cherryfield Free Library is starting up its "Drive-Thru" dinners at the library. The first will be held at 4 p.m. on Saturday, **March 19**, \$10 a meal. "Luck o' the Irish" dinner featuring Cottage Pie (Shepard's Pie made with hamburger instead of lamb,) a Roll, and Guinness Gingerbread.

Mastectomy fitting session: The Beth C. Wright Cancer Resource Center is offering a free bra fitting for any women that are in need post-mastectomy breast forms and/or bras at the Center at 23 Commerce Park in Ellsworth on Thursday, **March 24**. Space is limited, call the center at 207-664-0339 FMI or to make an appointment.

Indoor Church Yard Sale: Cherryfield Congregational Church will host an indoor yard sale from 8 a.m. to 1 p.m. on Saturday, **April 2**. To rent a table (\$10), please call Alice Duston at 207-460-7559 or visit the church Facebook page.

Public supper at Whitneyville Public Li-

brary, 5 p.m. Saturday, **April 2**. Turkey and fixings on the menu. Cost \$10 for adults, \$4 for children under 12. Held at the Hillgrove Community Building in Whitneyville across from the library, 42 South Main Street, Whitneyville. FMI call 255-4662.

Easter Basket Festival and Breakfast with the Easter Bunny: An Easter basket festival will be held from 4-7 p.m. on Friday, **April 8**, and from 9 a.m. to 3 p.m. on Saturday, **April 9**, at the Jonesboro Grange. Purchase tickets to win Easter baskets along with a 50/50 raffle and door prizes! Each basket will be worth a minimum of \$15. Have breakfast with the Easter bunny from 9 a.m. to noon on Saturday, April 9 at the Chandler River Community Center. Bring your camera to capture photos with the Easter bunny! All proceeds benefit the upkeep of historic buildings - Jonesboro Union Church & Jonesboro Grange #357.

Recurring events

Porter Memorial Library Board of Trustees meets online and in-person on the **third Wednesday of each month**. For more information, call 478-4378. The library is located at 92 Court Street, Machias.

Machias Board of Selectmen meets **bi-monthly at 6 p.m. on the second and fourth Wednesdays of the month**. The meetings are held at the Machias Telebusiness Center, Stackpole Road, Machias. FMI visit www.machiasme.org, or call 255-6621.

Machias Planning Board meets at **7 p.m. on the first Wednesday of the month**, at the Machias Town Office, Court Street, Machias. FMI visit www.machiasme.org, or call 255-6621.

Free community dinner: **Every Tuesday night**, the public is invited to enjoy a free community dinner at Machias Christian Fellowship, 3 Davis Road, Machias. The meals run from 5 - 6:30 p.m. All of the meals are provided by community members, and the church does not assume responsibility for any foodborne illnesses that may occur. For the most up-to-date information, and weather cancellations, visit the MCF Community Dinner Facebook page, www.facebook.com/groups/mcfcommunity. For more information, call 598-0583.

Story Time & Craft at Porter Memorial Library, **every Tuesday** at 10:30 a.m. and 3 p.m. at the library, 92 Court Street, Machias. FMI Call 255-3933.

Machias Rotary Club meetings are held at 5:30 p.m. on the **first and third Wednesday of each month** at Pat's Pizza Machias. New members and visitors are welcome. FMI call President Mike Hinerman, 263-5990.

Machias Food Pantry--**Mondays**, at Centre Street Congregational Church, 9 Center Street, Machias; 1-6 p.m. For more information, call the church at 255-6665.

Good News Club will meet in Addison at the Church Hill Community Center **Mondays from 3:30 to 5:00 P.M.** Children from ages 2 - 12 are invited to attend. For more information call Cathy at 483-4655 or Carol at 615-1602.

Support groups

Arise Addiction Recovery meetings — Monday 7 p.m. at Machias Christian Fellowship, 3 Davis Rd, Machias, ME. Tuesday 7pm, at Christian Temple Church in Lubec. Contact FMI Paul Maxie 903-371-1502 and Paul Trovarello 207-271-7060.

Downeast Sexual Assault Services — 1-800-492-5550, ext. 258.

Intimate Partner- Violence/abuse 24/7 hotline 800-315-5579.

Machias Community REIKI Clinic, New phone contact # 256-0408 with voice mail Gillyin Gatto bobcatpath@myfairpoint.net

Recovery Meetings: Paul Maxie, 903-371-1502; Paul Trovarello, 207-271-7060, paul.trovarello.1978@gmail.com Lindsay Trovarello, 207-631-8382, lindsaytrovarello@gmail.com- Facebook: ARISE Addiction Recovery- Website: www.ariseaddictionrecovery.com

Recovery Wellness Group will meet at the Downeast Recovery Center in Ma-

chias on the first Friday of every month, March through November 5:30 - 6:45. Pizza is provided. Topics include alcohol use, opioid use, smoking, marijuana, and managing anxiety and depression in recovery.

Road to Recovery — FMI: 1-800-227-2345.

Monthly cancer support and resource meetings — FMI: 207-726-5087 or 207-664-0339.

Circle of Hope — FMI: 207-255-3530.

NAMI Maine - FMI: Amy 207-726-0608 or 207-263-7889.

Quoddy Al-Anon meetings — FMI: 207-733-2068.

Arise Addiction Recovery - FMI: 255 5011.

Sunrise Opportunities Prevention Council: Parenting in Recovery Support Group. Every Monday at 11:30AM -12:30PM via ZOOM. To register or for more information please call/text (207) 263-5270

Sunrise Opportunities Prevention Council: Parents of Children with Special Needs Support Group. The 2nd and 4th Monday of the month at 5:00PM - 6:00 PM via ZOOM. To register or for more information please call/text (207) 263-5270

Sunrise Opportunities Prevention Council: General Parent Support Group. 1st and 3rd Thursday of the month at 4:30PM - 5:30PM via ZOOM. To register or for more information please call/text (207) 263-5270

Sunrise Opportunities Prevention Council: Machias Area Virtual Playgroup. Every Wednesday at 10:00-11:00AM via ZOOM. To register or for more information please call/text (207) 263-5270

Sunrise Opportunities Prevention Council: Calais Area Virtual Playgroup. Every Tuesday at 10:00-11:00AM via ZOOM. To register or for more information please call/text (207) 263-5270



Jim Miller

Can COVID-19 cause shingles?

Dear Savvy Senior,
How effective is the shingles vaccine and what is the CDC recommendation for getting it? My older brother and sister, both in their fifties, got COVID a few months back followed by shingles. Do you know if there is a connection between these viruses, and would the shingles vaccine have protected them?

Scared of Shingles

Dear Scared,

Great question! Many healthcare professionals across the country have been urging their older patients to get the shingles vaccine (in addition to the COVID-19 vaccinations) during the pandemic because getting COVID-19 can increase your chances of developing shingles. And the more severe case of COVID you get, the greater your risk for shingles.

The reason for this is because when you contract COVID-19

your immune system becomes compromised fighting off the virus, which gives shingles – a virus that already exist in your body if you've had chickenpox – a chance to reactivate.

Here's what you should know about shingles, the shingles vaccine, and the Centers for Disease Control and Prevention (CDC) recommendations.

What are shingles?

Shingles, also known as herpes zoster, is a burning, blistering skin rash that affects around 1 million Americans each year. The same virus that causes chickenpox causes shingles. What happens is the chickenpox virus that most people get as kids never leaves the body. It hides in the nerve cells near the spinal cord and, for some people, emerges later in the form of shingles.

In the U.S., about one out of every three people will develop shingles

during their lifetime. While anyone who's had chickenpox can get shingles, it most commonly occurs in people over age 50, along with people who have weakened immune systems. But you can't catch shingles from someone else.

Early signs of the disease include pain, itching or tingling before a blistering rash appears several days later, and can last up to four weeks. The rash typically occurs on one side of the body, often as a band of blisters that extends from the middle of your back around to the breastbone. It can also appear above an eye or on the side of the face or neck.

In addition to the rash, about 20 to 25 percent of those who get shingles go on to develop severe nerve pain (postherpetic neuralgia, or PHN) that can last for months or even years. And in rare cases, shingles can also cause strokes, encephalitis, spinal cord damage

and vision loss.

Shingles vaccine

The vaccine for shingles called Shingrix (see Shingrix.com) provides much better protection than the old shingles vaccine, Zostavax.

Manufactured by GlaxoSmithKline, Shingrix is 97 percent effective in preventing shingles in people 50 to 69 years old, and 91 percent effective in those 70 and older.

Shingrix also does a terrific job of preventing nerve pain that continues after a shingles rash has cleared – about 90 percent effective.

Because of this protection, the CDC recommends that everyone age 50 and older, receive the Shingrix vaccine, which is given in two doses, separated by two to six months.

Even if you've already had shingles, you still need these

vaccinations because reoccurring cases are possible. The CDC also recommends that anyone previously vaccinated with Zostavax be revaccinated with Shingrix.

You should also know that Shingrix can cause some adverse side effects for some people, including muscle pain, fatigue, headache, fever and upset stomach.

Shingrix—which averages around \$205 for both doses – is covered by most private health insurance plans including Medicare Part D prescription drug plans, but there may be a cost to you depending on your plan. Contact your insurer to find out.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

STUDENT NEWS

Fort O'Brien Elementary School 2nd Quarter Honor Roll 2021-22

Principal Sue Almendinger is pleased to announce the honor roll for the second quarter of the 2021-22 academic year.

Grade 5 Honors- Josie Ingrish.

Grade 7 Honors- Ryan Murphy.

Grade 8 Honors- Avery Ramsdell, Dawson Fielder.

Chet Jordan scholarship available for student leaders

Student leaders are encouraged to apply for the Chet Jordan Leadership Award at the Maine Community Foundation (MaineCF).

A native of Portland, Jordan graduated from South Portland High School in 1945. He then joined the service following World War II and entered the United States Merchant Marine Academy in King's Point, New York. He graduated in 1948 with a degree in marine engineering. Jordan returned to Portland and took over the family meat-processing business, Jordan's Ready-to-Eat Meats. He led the company to become one of the largest independent meat processors and distributors in the

country.


Jordan's family and friends established this scholarship to celebrate the rich legacy of his leadership in business and civic affairs in his beloved state of Maine.

Eligible applicants are graduating seniors at Maine high schools who are pursuing post-secondary study in a two- or four-year certificate or undergraduate degree within the University of Maine System, Maine Community College System, Maine Maritime Academy, and all vocational/technical schools in the state. Recipients will demonstrate leadership, independent thinking, initiative, hard work, and the ability to rally others to causes in

their communities.

The application deadline is April 15. To apply, visit www.maine.cf.org, or contact Scholarship Coordinator Jackie Shannon at jshannon@mainecf.org for more information.


Headquartered in Ellsworth, with additional personnel in Portland, Dover-Foxcroft, Mars Hill, Rockland and Rockport, the Maine Community Foundation works with donors and other partners to provide strong investments, personalized service, local expertise, and strategic giving to improve the quality of life for all Maine people. To learn more about the foundation, visit www.maine.cf.org.



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UMaine Extension 4-H food science club starts March 22

University of Maine Cooperative Extension 4-H will offer a new five-session online food science club for ages 9-13 meeting weekly 3:30-4:30 p.m. March 22-April 19.

Participants in the "4-H Virtual Food Science Club" will explore food science topics, including leavening agents, egg proteins, dairy fermentation, gluten, and browning in fruits and vegetables with hands-on techniques used by food scientists. UMaine Extension 4-H community education assistant Cindy Rogers UMaine and graduate student Ella Glatter will lead the club.

The club is free to join; registration is required by March 10 and limited to 10 participants.



Photo courtesy of University of Maine Cooperative Extension.

Register on the 4-H club webpage. Some materials will be provided. For more information or to request a reasonable accommodation, contact 207.832.0343; cynthia.rogers@maine.edu.

More information also is available on the Extension 4-H virtual learning hub webpage.

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STUDENT NEWS

DAR announces 2022 Good Citizen award recipients

The Hannah Weston Chapter of the Daughters of the American Revolution (DAR) is pleased to announce the DAR Good Citizens chosen by their respective schools' faculty and senior class for this

academic year 2022. This program and scholarship are intended to encourage and reward young people who exhibit the qualities of good citizenship in their homes, schools, and communities. It is open to all high school seniors. To be eligible to receive the DAR Good Citizen Award, a student must have demonstrated, to an outstanding degree, the qualities of dependability, leadership, patriotism, and service to the community. In addition, each selected student is eligible to participate in the scholarship portion of the Good Citizen application. Local essays are scored by a panel of judges and one is chosen to advance to the state level.

The DAR Good Citizens essay contest was on the topic "Our American Heritage and Our Responsibility for Preserving It," with the focus question, "How do the qualities of a good citizen

(dependability, service, leadership, and patriotism) help support our nation?"

Joseph Ray-Smith of Narraguagus Jr/High School was chosen as the Hannah Weston Chapter winner this year. He is the son of Ron Smith and Brittany Ray of Milbridge. His essay will now advance to the DAR of Maine Good Citizens competition.

The other Good Citizen recipients this year are Jonesport-Beals High School, Lauren Beal, daughter of Allison and Anthony Beal, Jr. of Beals; Woodland Jr/Sr High School, Sierra Bryant, daughter of Kimberly and Gary Bryant of Princeton; Shead High School, Kahlysta Morris, daughter of Brittin and Brian Morris of Robbinston; Machias Memorial High School, Angie Scribner, daughter of Jennifer Bunker and Robert Scribner of Roque Bluff,

Washington Academy, Genevieve Thimlar, daughter of John and Jessica Thimlar of Marshfield; Calais Middle/High School, Zachary Wentworth, son of Patricia and John Wentworth of Calais.

The Hannah Weston Chapter will hold its traditional Award Ceremony for these Good Citizens and their parents at the Whiting Community Center this spring where they will be awarded a DAR Good Citizen certificate, pin, wallet card, and a cash award from the Hannah Weston Chapter.

The DAR, founded in 1890 and headquartered in Washington, D.C., is a non-profit, non-political volunteer women's service organization dedicated to promoting patriotism, preserving American history, and securing America's future through better education for children. DAR boasts 190,000 members in 3,000 chapters across the United States

and internationally. Any woman 18 years or older, regardless of race, religion, or ethnic background who can prove lineal descent from a patriot of the American Revolution, is eligible for membership.



Angie Scribner, Machias Memorial High School.



Lauren Beal, Jonesport-Beals High School.



Zachary Wentworth, Calais Middle/High School.



Sierra Bryant, Woodland Jr/Sr High School.



Kahlysta Morris, Shead High School.



Joseph Ray-Smith, Narraguagus Jr/Sr High School.



Genevieve Thimlar, Washington Academy.

A growing staff at Cobscook Institute

Cobscook Institute is pleased to announce the hiring of two new staff members in response to expanding programs. Cobscook Institute's four-year public high school program, delivered in partnership with Calais High School, now has 17 students and is anticipating growth as they accept new student applications for the 2022/23 school year.

Maria McMorrow will join Cobscook teaching staff Kara McCrimmon and Damon Weston as a new full time teacher. Maria's extensive background working with Chewonki and Cobscook makes her a perfect fit to join Cobscook's staff. She designed and leads the popular River Camp, now in its tenth year, and has demonstrated her group skills and teaching prowess as a third educator during Cobscook's school year expeditions. "I have so much respect for the students and teachers in the program and am looking forward to the rest of the school year; going on trips, finding new music together and propagating baby plants in the lab windows." says Maria about her new position.

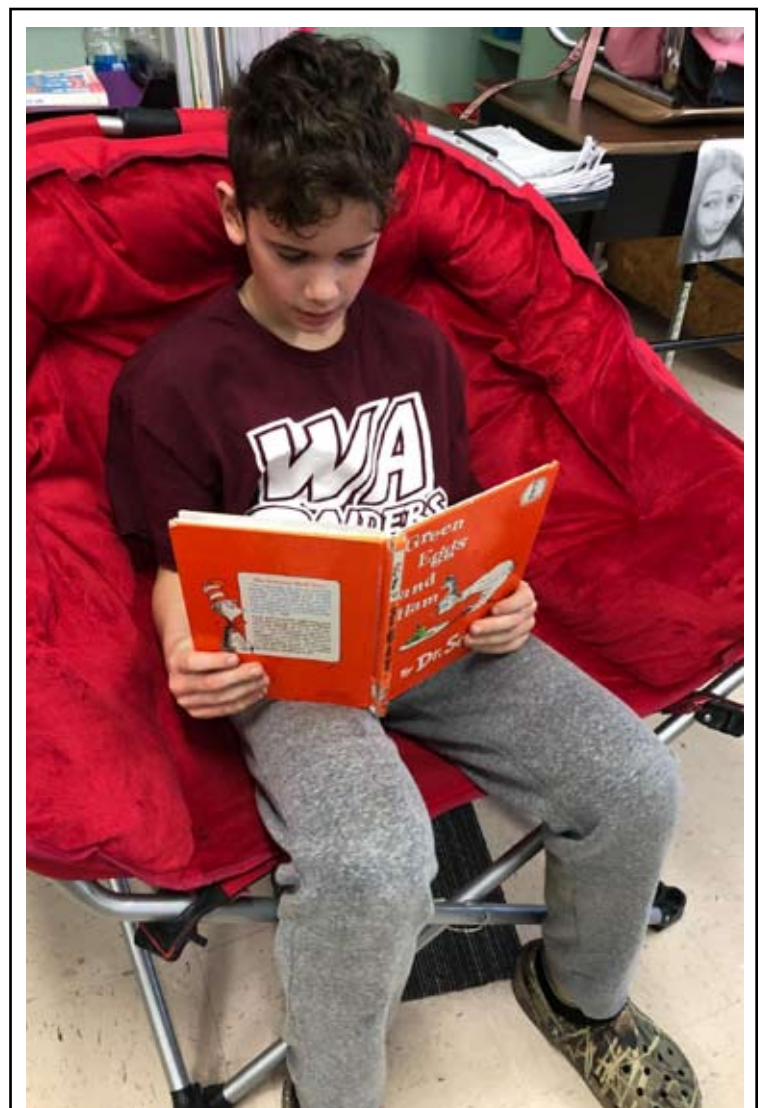
The greater Cobscook Bay region will see a growing



Cobscook Experiential Programs students pictured during their formal critique of their drawing & pottery show. The art show will be on view in the reception of Cobscook Institute's Commons building Monday - Friday 8 a.m. - 5 p.m. through March 16th for all community members. Submitted photo

number of intergenerational classes and events with the hire of Anne Shields Hopkins as Programs Coordinator. Anne or Annie Hopkins is an artist and queer activist who has been renting incubator office space from Cobscook for the past year. Cobscook Institute's Co-Director Daphne Loring says "We couldn't be more excited about having Anne join our staff. A long-time

friend of Cobscook, and more recently program developer and facilitator, Anne brings deep knowledge of our mission and vision and is ready to jump in and manifest community-informed programming." To learn more about Cobscook Institute's community driven programming please visit cobscookinstitute.org.



Bay Ridge student spotlight

This week Bay Ridge puts the Student Spotlight on River Balyint. River is a grade 5 student in Mrs. Bryant's class. River has showcased outstanding reading skills this week. Congratulations, River! Submitted photo

OBITUARIES

Kenton Robert Feeney

February 19, 1955 - February 24, 2022

Kenton Robert Feeney, 67, of Beals, Maine passed away at home in the early morning hours of February 24, 2022, after a courageous battle with prostate cancer. He is now smiling broadly because he is reunited with his grandson Kenton Chase Feeney.

Kenton was born on February 19, 1955, to Robert and Gloria Feeney from Jonesport. He is survived by his children, Darrell & Gina Feeney; his grandchildren, Robby and Breonna Feeney, his mother, Gloria; sisters, Pam Smith & Wanda Whiteside; brother, Pete, and their families.

To fully capture Kenton's life in a couple of paragraphs is not possible. He had a passion for life and was masterful at making deep connections and friends wherever he traveled. The large tapestry of friendships he wove was often done with his legendary storytelling, playful banter, phenomenal memory, and love of local history and sports. A lot of his travels were often on a Harley-Davidson in the company of fellow characters. Over the years, he logged thousands of miles riding on a bike, often as a representative for UBM, the United Bikers of Maine.

Kenton was a self-made man, starting his early adulthood on the worm flats. At 19, he decided with some "fatherly encouragement" to join the U.S. Coast Guard. Following four years of service, he eventually started sailing as a merchant mariner. His path to the sea resulted in a long, successful career that led him to be a Chief Engineer on oil tankers for ConocoPhillips, Inc. He was a beloved shipmate and always brought a positive energy with him on board the ships. He retired in 2012 and never looked back. For the next ten years, he enjoyed every minute of his life that included activities such as tuna fishing and racing his lobster boat "Bad Influence."

There will be a Celebration of Life, Sunday, May 1, 2022, at 1 p.m., rain or shine at the Beals Island Marina.

**Roger S. Grant**

August 20, 1937 - February 25, 2022

Roger S. Grant, 84 passed away in his home peacefully on February 25, 2022, surrounded by his family. He was born in Columbia, Maine, on August 20, 1937, to Ernest and Estelle Grant.

Roger is predeceased by his beloved wife Betty (Bagley) Grant, one brother Elwood and 3 sisters Floris, Alberta, and Phyllis.

He is survived by his sister Rachel Libby of Texas, his daughters Deborah Grant of Corinna, Heidi Grant of Mercer, Myriah Koppes of Virginia, and his sons Chester Grant of Milbridge, Clarence Grant of Columbia and Roger (Sandy) Grant and wife Beth of Atkinson. Roger and Betty were blessed and survived by 21 grandchildren, 28 great-grandchildren, and one great-great-granddaughter. Many nieces and nephews. Also, a special friend Sharon Myrick.

Roger was known for his work in the woods with a team of horses, and for blueberry raking, but mostly his trade as a farrier, which he passed down to his children and grandchildren. Many days, you would find him in his recliner studying his Bible, as he loved to share the Lord's word and of which he was very knowledgeable. He was an artisan who loved sharing vivid stories, poems, and songs of his own. Roger enjoyed attending local fairs, to spectate and participating in the horse pulls. His joyful, go-lucky spirit will be truly missed by all who knew him.

Services will be Saturday, March 26, 2022, at 1 p.m. at the Church of Christ in Milbridge, ME

In lieu of flowers cards and donations can be sent to: Deborah Grant, 220 Nokomis Rd., Corinna, ME 04928.

**Vernon B. French**

August 5, 1937 - November 17, 2021

Columbia—Vernon Bradley French, 84, of Columbia, Maine, passed away on Wednesday, November 17, 2021, at the Narraguagus Bay Health Care Facility in Milbridge, Maine.

Vernon was born on August 5, 1937, in New Lebanon, NY, the oldest of 12 children to Ruth (Hunt) & Russell French. After graduating from high school, he served in the US Air Force. He married Pauline Bennett on September 1, 1956, and they had two sons, Raymond & Kenneth. He later married Nancy (Norton) Grant on July 13, 2002.

Vern worked as a Heavy Equipment Operator on many jobs in various New England and New York areas. He moved to Maine in 1990 and continued to do Heavy Equipment Operator work in Maine until his retirement. He was a member of the I.U.O.E. Local 4.

He was predeceased by his parents, siblings Floyd, Claude, Ester, Russell & Clyde, and his favorite fur baby Cutie Pie.

He is survived by his loving wife, Nancy Grant-French of Columbia; sons, Raymond and wife Maureen of Bushnell, Florida, and Kenneth and wife Patty of Raymond, New Hampshire; stepdaughter, Dawn Stubbs of Addison; grandchildren Caitlyn French and her wife, Robyn of Manchester, New Hampshire; Candice Hollenbeck and her husband Carey of Londonderry, New Hampshire; Justina Stubbs of Chesapeake, Virginia; and Joshua Stubbs of Addison; great-grandchildren McKenna, Caralina, Autumn, Nola, Dawson, Olivia, Oliver, Raiden & Milo; brothers Ross, Willis, Warren, Dean & Kevin; sisters Merie and Jean; and many loving family members, co-workers, and friends.

Interment will be held at a later date in the spring at the Wescogus Cemetery in Addison.

Nancy and family would like to thank the nurses and staff at Narraguagus Bay Health Care Facility for taking care of Vern in his final years.

**Marcy Yvonne Grabrovac**

1930 - 2022

Marcy Yvonne Grabrovac, born June 18, 1930, in New York, New York passed away after living contentedly at Eastpoint Assisted Living facility in Machias, Maine. She was 91 years old. She was surrounded by her daughter and both grandchildren the day before she passed. During her last years, she loved visits by her family, her friend Wendy Sparrow, by members of the Center Street Congregational Church, United Church of Christ and she loved watching the birds and squirrels that visited the numerous feeders outside of her window.

Marcy graduated from Shrub Oak High School in Shrub Oak, New York in 1947. Soon after graduation she answered the call of excitement, culture, and opportunity in the big city and moved to Manhattan, New York. Marcy spent many years in New York working in the airline industry and other companies. She was an avid knitter, crocheter, sewer, cook, loved home projects, and enjoyed going to opera, plays, concerts, and museums with friends and family. Marcy was always ready for an adventure. At 91, she could still beat her daughter at Gin Rummy!

Marcy retired to the family home in Jefferson Valley, New York when she was in her 60s and enjoyed gardening after being in the city for many years. During these years she also enjoyed her many friends and activities at the Senior Center of the Yorktown Community & Cultural Center and her community at the Grace Lutheran Church in Yorktown Heights which she frequently walked the mile to into her 80s. Marcy and her family are also deeply grateful to a community of neighbors – especially Jay and Krissie Hansmann at Jefferson Valley Service Station and Jefferson Valley Realty and Eddie's Yard, who kept a loving eye on her until she moved to Maine to be closer to her daughter who cared for her. She remained in Jefferson Valley until the end of 2016.

Marcy leaves behind a loving daughter, Regina Grabrovac of East Machias, Maine; two loving grandchildren, Asher and Oona Molyneaux; two loving sisters, Paulette Grabb of Tarrytown, New York and Connie Pagano of Yonkers, New York as well as a son, Kevin Klepper; nieces and nephews including Debbie Caldwell, Jeff Pagano, Richie Pagano, and Michelle Fernicola.

Marcy is predeceased by her mother and father, Yvonne Nichols Grabb originally from La Presentation, Quebec, Canada, and Louis Grabb originally from Mošćenička Draga, Croatia who both lived in New York until their passing.

There will be an outdoor celebration of life service in the Machias area in early June. Details will be announced in May. There will also be a service in New York at the Grace Lutheran Church of Yorktown Heights at 3830 Gomer St., Yorktown Heights, N.Y on Saturday, June 18, 2022. Although Marcy adored flowers she also loved animals deeply. Please consider making a donation in her memory to The ARK Pet Shelter located at 60 Barber Lane, Cherryfield, ME 04622. She would be so pleased.



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OBITUARIES

Norma B. Marin

philanthropist, art collector

May 27, 1930 - February 22, 2022



Norma Boom Marin, 91, died peacefully at her home on Cape Split, Addison, Maine on February 22, 2022. She was born in East Orange, New Jersey, on May 27, 1930, to Carlos C. Boom and Florence M. Vezzetti Boom who were of Dutch Antillean, Venezuelan, and Italian heritage.

Ms. Marin graduated from Centenary Junior College in 1950, and Glassboro State College in 1952, where she was known as "a top member of the Glee Club who was always willing to help others." In 1955, she married John Marin, Jr., son of the American artist, John Marin.

Norma Marin became a stalwart advocate for the work of her father-in-law. She and her husband worked with galleries and museums around the country to promote Marin's artwork for almost seven decades. After Marin's death in 1953, Norma and John Marin, Jr. collaborated with Marin's dealer, Edith Halpert, who had created the Marin Room at her legendary Downtown Gallery in New York. In the 1970s, a major gift of 24 works by John Marin to the Colby College Art Museum in Waterville, Maine, secured the artist's place in the cultural life of Maine and helped launch what had been a small regional museum into an important destination for modern and contemporary art. In 1986, the couple gave a large group of Marin works to the National Gallery of Art, Washington, D.C., and supported a major retrospective of Marin's work, curated by Ruth Fine. After John Marin, Jr.'s death in 1988, Norma became the sole caretaker of her father-in-law's art and carried on the work she and her husband had begun together. In 2011, she supported John Marin: Modernism at Mid-Century, a groundbreaking exhibition of Marin's long-overlooked late paintings, which traveled to the Portland Museum of Art, Maine; the Amon Carter Museum of American Art, Fort Worth, Texas; and the Addison Gallery of American Art, Andover, Massachusetts. The same year, she supported an important exhibition at the Art Institute of Chicago, John Marin's Watercolors: A Medium for Modernism, curated by Martha Tedeschi. In 2013, her major gift of Marin's work to the Arkansas Museum of Fine Arts (formerly the Arkansas Art Center) in Little Rock, created a permanent home for the second largest collection of watercolors and drawings by Marin in the world, after the National Gallery. In addition, she was actively engaged with several other museums in New York and Maine, including the Whitney Museum of American Art, New York, the Portland Museum of Art, Maine, the Zillman Art Museum University of Maine, and the University of Maine at Machias.

Norma's passion for art and her voracious eye led her to build her own gallery at her home at Cape Split, Maine. Norma herself was an enthusiastic collector of American modernist works by Arthur Dove, Marsden Hartley, Gaston Lachaise, Elie Nadelman, and Georgia O'Keeffe, among others. Over the years, her collecting interests expanded to include post-war and contemporary art. She was an early and dedicated collector of women artists and artists of color and was an avid supporter of young and emerging artists. In her later years, Norma focused her collecting on photography and German Expressionist prints, both collections promised to the Colby College Museum of Art as part of her ongoing support of that institution. Norma's broad range of collecting interests was not limited by medium or period—she bought paintings, sculpture, works on paper, photographs, and prints by her own discerning eye and the quality of the work itself. In her collecting, as in her life, Norma was passionate, relentless, and fearless. Norma's love of art extended to theater, dance, and especially vocal music, and she cherished her season tickets to the Metropolitan Opera. Norma was an avid reader, boater, pet lover, world traveler, and loyal friend and family member. She will be remembered for her great desire to learn from the world around her.

She was preceded in death by her husband and by her sister, Carmen Boom Howe, and is survived by her daughter, Lisa Marie Marin (Arnie Smith) of Jonesport, Maine; two grandchildren, Marie Elena Marin of Cape Elizabeth, Maine, and Alexander John Thompson of Addison, Maine; two great-grandchildren, Evan Zack and Carlee Thompson; nephew, Peter DeShazo of Norwich, Vermont, and niece, Jane Johnson of Tampa, Florida.

The entire Marin family extends their gratitude to Norma's compassionate healthcare nurses: Sarah Collora, Cheryl Cirone, Lisa Bagley, Brooke Hachey, Kelli Sheen, Rachel Stanwood, and Trudy Seavey.

A celebration of life will follow this summer at the Marin home in Cape Split. In lieu of flowers, the family asks that you donate to your favorite charity in honor of Norma Marin.

Arrangements have been entrusted to the care of Bragdon-Kelley Funeral Home, Machias, where online condolences may be shared at www.bragdonkelley.com.

MVNO00010324

In Memory

♥ The Ortega Family ♥
Invite you to commemorate

The life and passing of
Bonifacio "Barney" Ortega Jr.
Saturday, April 9, 2022 at 2 p.m.

Wreaths Across America
4 Point Street, Columbia Falls, Maine

Refreshments will be served immediately following the service.

MVNO00010310

HELP WANTED



Community Outreach Technician Washington County, ME Remote position

The Role:

Acadian Seaplants (ASL) is seeking an outgoing individual to assist with the community support program in various harvesting areas in Maine. Sound like you?

To be successful, you will need an understanding of the local marine biology (seaweeds) and to be comfortable in reaching out to landowners for rockweed harvest permissions.

This is a temporary, part-time position for a duration of approximately six months. The successful candidate will have flexibility in choosing their own hours and number of hours worked per week but will be able to commit to at least 15 to 20 hours per week.

More Specifically:

- Point of contact for public inquiries regarding harvesting and landowner activities.
- Work with the Field Technical Assistant to maintain the GIS based database of rockweed harvesting permissions granted by landowners.
- Coordinate with the Field Technical Assistant the outreach campaign to landowners through door knocking/mailings/digital media.
- Maintain a detailed database of the outreach campaign
- Support the company's vision and policies regarding Health & Safety, Corporate Culture, Environmental Management by displaying the appropriate behaviors and leadership towards meeting the company's objectives in these areas.

The Requirements:

- Excellent communication and interpersonal skills
- B.Sc. in Marine Biology, Environmental Science, Biology (or related field experience)
- Experience working with GIS software, specifically ArcOnline
- Knowledge of local seaweeds
- Proficient with basic MS office software
- Have a valid driver's license
- Ability to work effectively with minimal supervision
- Good organizational skills with the ability to multi-task
- Willingness to learn and contribute in a team environment
- Provide proof of full vaccination against COVID-19

If this job sounds like it was made for you, we'd like to meet you.

To further explore this opportunity, just submit your application to Jake Patryn at jpatryn@acadian.ca or call 207-479-1571 for more information.

We thank all applicants for their interest, however, only those selected for an interview will be contacted. No phone calls please.

For additional information about an Atlantic Canadian company that has built a worldwide business in highly specialized and innovative sectors, please visit our new website at www.acadianseaplants.com or the Maine division's website at www.acadianseaplantsmaine.com.

About Acadian Seaplants - Established in 1981, Acadian Seaplants has been sustainably harvesting and developing marine-derived products that benefit people, animals and plants in over 80 countries across the world. We operate six production facilities in Atlantic Canada and Europe as well as boast our very own research facility that enables us to continuously innovate and discover new applications for our sustained and renewable resource.

We truly believe we can create a sustainable world by advancing the science of seaweed.

CA00009668

NOTICES / LEGALS

DESTRUCTION OF RECORDS NOTICE

Notice to all persons born prior to January 1, 1996 who attended school at Rose M. Gaffney, Jonesboro Elementary, Wesley School, Machias Memorial High School, and MSAD #77 (Cutler, Machiasport, East Machias & Whiting) or to their legal guardian if applicable:

AOS #96 may have Special Education records in its possession pertaining to you and will destroy such records after May 30, 2022. If you would like to have these records rather than having them destroyed, please contact the Office of Special Services at (207) 255-4381 or 291 Court Street, Machias, Maine 04654 **PRIOR** to May 30, 2022 to make arrangements for obtaining the records.

MVNO000010328

AOS 96

SPECIAL EDUCATION AND SECTION 504 CHILD FIND NOTICE

AOS 96 has a duty to locate, evaluate and identify any child residing in their District who qualifies for Special Education services or any child attending the public schools who may require Section 504 accommodations or services.

Children eligible for special education include those children with disabilities who have autism, deaf-blindness, emotional disturbance, hearing impairment, multiple disabilities, orthopedic impairment, other health impairment, specific learning disability, speech or language impairment, traumatic brain injury, intellectual disability, visual impairment, or developmental delay and who, because of such an impairment, need special education services.

Children eligible for Section 504 accommodations or services include those children who have a physical or mental impairment that substantially limits a major life activity.

If you suspect your child has a disability and may need special education services or 504 accommodations, or if you would like additional information, please contact your child's teacher, or call the District's Special Education Director, Mary E. Maker at 207-255-4381.

MVNO000010329

CALAIS SCHOOL DEPARTMENT REQUEST FOR SEALED BIDS

The Calais School Department is requesting bids for the following projects at Calais Middle/High School:

Project #1: Removal of 3390 Square Yards of pavement and complete ground work for leveling per specifications

Project #2: Removal and disposal of 18 existing doors and replace with Commercial doors and hardware per specification

Project #3: Removal and disposal of 42 window units and replace with Harvey Tribute brand windows per specifications

Project #4: Removal and disposal of vinyl siding, fiber cement siding, wooden window and door trim and replace per specifications

For site visit and specifications for each project contact:
Randy Morrison • (207) 454-2591 • (207) 214-6651

Bids are due at the Office of the Superintendent of Schools, 32 Blue Devil Hill, Calais, ME 04619. Bids must be received in a sealed envelope, clearly marked with the project number on or before **Wednesday, April 6, 2022, 2:30 p.m.**

Calais School Department reserves the right to reject any and all bids.

CA000009665

SPORTS

DAC Senior Basketball All Stars Chosen

Downeast Athletic Conference (DAC) Senior All Stars have been chosen. The players suited up for an east vs. west game at Narraguagus High School last Monday.

Those who took part are as follows:

Girls East All Stars

Ashlee Morang, Shead
Jordyn Balicki, Jonesport-Beals
Lauren Beal, Jonesport-Beals
Sierra Bryant, Woodland
Trinity Jones, Calais
Francesca Lombardo, Calais
Coach: Heather Thompson, Narraguagus

Boys East All Stars

Kyle Anderson, Machias
Caleb Norton, Machias
Evan Strout, Narraguagus
Ethan Perry, Narraguagus
Wyatt MacArthur, Woodland
Robbie Robinson, Jonesport-Beals
Tyler Furtek, Calais
Beau Newenhan, Sumner
Coach: Vincent MacLean, Jr., Narraguagus

Girls West All Stars

Mileena Sylvia, Machias
Katherine Bartlett, Shead
Lauren Crowely, Jonesport-Beals
Emily Lunn, Jonesport-Beals
Sage Phillips, Calais
Alexis Donahue, Calais
Coach: Natalie

Boys West All Stars

Kashman Feeney, Machias
Ryse Moholland, Machias
Logan Cirone, Narraguagus
Ryan Rolfe, Narraguagus
Justin Overlock, Woodland
Brady Hatt, Machias
Shawn Donahue, Calais
Landon Bernier, Sumner
Coach: James Getchell, Machias

PVC Senior Basketball All Stars Chosen

Penobscot Valley Conference (PVC) Senior All Stars have been chosen. The players suited up for an east vs. west game at Mattanawcook Academy in Lincoln last Tuesday.

Those Washington County

players selected are as follows:

Girls: Trinity Jones, Calais; Sage Phillips, Calais; Lauren Beal, Jonesport-Beals; Ashlee Morang, Shead; Sierra Bryant, Woodland.

Boys: Kashman Feeney, Machias;

Jayden Rhodes, Machias; Kyle Anderson, Machias; Evan Strout, Narraguagus; Wyatt MacArthur, Woodland; Justin Overlock, Woodland. East Coach: James Getchell, Machias.

DAC All Star Selection

Downeast Athletic Conference (DAC) All Stars selected for girls' and boys' basketball include the following:

Trinity Jones and Neveah Thomas, Calais; Lauren Crowley and Lauren Beal, Jonesport-Beals; Jaydin Anderson, Kristin Grant, and Skyler Tinker, Machias; Laney Oliver and Autumn Peterson, Narraguagus; Ashlee Morang, Shead; Rachel Colby and Bri

Flaherty, Sumner; Brooke Smith, Nicole Cox, and Kristen Curtis, Woodland.

Player of the Year: Rachel Colby, Sumner.

Coach of the Year: Heather Thompson, Narraguagus.

Sportsmanship: Jonesport-Beals.

Jace Cook, Matthew Dana, and Jacob Sockabasin, Calais; Brevan Kenney and Damon Beal, Jonesport-

Beals; Shane Feeney, Kashman Feeney, Jayden Rhodes, Ethan Foss, and Kyle Anderson, Machias; Evan Strout and Jonathan Rameriz, Narraguagus; Wyatt MacArthur and Ethan Monk, Woodland; and Billy Wray, Sumner.

Player of the Year: Shane Feeney, Machias.

Coach of the Year: Skipper Alley, Jonesport-Beals.

Sportsmanship: Shead.

PVC All Conference Basketball Teams Chosen

Penobscot Valley Conference Class C/D All Conference Teams have been chosen. Those selected from member Washington County school are

as follows:

Class D Girls

Second Team: Kristen Grant, Machias; Ashlee Morang, Shead; Skyler Tinker, Machias.

PVC Champion: Machias
Class D Boys
First Team: Kashman Feeney, Machias; Shane Feeney, Machias; Damon Beal, Jonesport-Beals.

Second Team: Brevan Kenney, Jonesport-Beals.

Player of the Year: Kashman Feeney, Machias.

Coach of the Year: James Getchell, Machias.

PVC Champion: Machias
Class C Girls

Second Team: Neveah Thomas, Calais.

Third Team: Sage Phillips, Calais; Trinity Jones, Calais.

All-Defensive Team: Alexis Donahue, Calais.

Class C Boys
First Team: Wyatt MacArthur, Woodland.

Second Team: Jace Cook, Calais; Ethan Monk, Woodland.

Third Team: Jacob Sockabasin, Calais.

All-Defensive Team: Evan Gillespie, Calais.

Honorable Mention: Evan Strout, Narraguagus.

NOTICES / LEGALS

NOTICE

There will be a AOS 96 Budget Meeting Tuesday, March 15, 2022 at 6:00 p.m. at the Elm Street School, 38 Jacksonville Road, East Machias, ME 04630

MVNO000010314

Machiasport Town Notice Nomination Papers

Nomination papers are available at the Machiasport Town Office for the following elected offices:

One (1) Selectman for a three (3) year term

One (1) School Board Member for a three (3) year term

Papers must be returned to the Town Clerk no later than 4 PM, Friday, April 22, 2022.

MVNO000010297

SPORTS

Wisdom ends Lady Bulldogs' season

by Phil Stuart

The Machias Lady Bulldogs entered the 2022 Northern Maine Class D Semifinals after two playoff wins, a 78-16 prelim victory over the Patriots of Bangor Christian, and a 47-36 victory over the 6th seeded Vikings of East Grand.

Those were the first playoff wins for the Lady Bulldogs since 2016 and the first two for fourth-year coach Matt Johnson who is starting to enjoy some of the benefits of success after starting at the bottom

of the ladder three years ago.

The Bulldogs failed to win a game in season one and won only three times in last year's shortened pandemic season.

They came out of the 2021 summer league with a 9-2 record and were optimistic about this season.

The Bulldogs missed out on two possible wins due to Covid issues but still managed a 3rd seed with a 12-4 mark.

After two playoff wins they were matched up against an unknown

Wisdom team that was seeded second with the winners facing the impossible task of going up against Southern Aroostook.

The Lady Bulldogs got off to a decent start against the Pioneers and led 11-9 with less than 20 seconds left in quarter number one.

A let down before the buzzer sounded enabled Wisdom to tie the game at 11-11.

The second quarter started and nobody expected what would transpire next.

The Bulldogs would go into a scoring drought and Wisdom would go on a 25-0 run that extended into the 3rd quarter. Wisdom led 31-11 at the half and would go up 35-11 before Machias finally broke the ice.

Wisdom held a 51-20 lead after three and would go on to win by a score of 61-25.

Lilly Roy led the 17-1 Pioneers with 21 points and 9 rebounds. Abbie Lermon added 18 more while Olivia Quellette scored 14 points

and controlled the backboard with 17 rebounds.

The Bulldogs were never able to generate any offensive attack.

Kristen Grant and Jaydin Anderson each scored 6 points while Skyler Tinker was held to 5 points.

The Bulldogs' great season came to an end at 14-5 but all of their starters returned for another year.

They will say goodbye to Mileena Sylvia, the lone senior on the squad.

Class C teams in early exits

by Phil Stuart

The three Class C teams from Washington didn't have much success this season in the Northern Maine Quarterfinal round.

The Calais girls went into the tournament as the number two seed which was probably a bit high. First-year coach Sean Cavanaugh's club finished 14-3 before eliminating Penquis Valley of Milo 58-21 in the prelim round.

The Blue Devils met up with Dexter, the seventh seed who eliminated Calais three years ago and proved that defense wins games.

Jody Grant's club didn't feature much offense this year but still managed to win 10 games and then defeat Narraguagus 58-21 in the prelims.

The Tigers scored only four first-quarter points but still led the Blue Devils 4-3. Both teams showed a little more offense in the second

quarter with the Tigers going into the break on top 18-13.

Dexter pulled away a little more in the third quarter and with their defensive intensity, Calais was in dire straits despite being only down by eight 28-20.

Dexter shut the Blue Devils down outsourcing the Border City Club 9-4 for a 37-24 win.

Hannah Dean and Jill Carson scored 10 and 8 for the 12-6 Tigers.

Sage Phillips led the 15-4 Blue Devils with 8. Kenda Stevens tossed in 6 more while Neveah Thomas and Mercedes Own each finished with 5.

The Calais boys under first-year coach Dean Preston came alive during the end of the season and grabbed the number 8th spot with a 9-8 record.

The Blue Devils earned a trip to the Cross Center by defeating the 9th seeded Hodgdon Hawks 67-56

in the prelim.

That meant Calais had to play top-seeded Fort Kent in the quarterfinal round.

If the Blue Devils brought their A-game, they would have been capable of playing with the Warriors.

Fort Kent got going early and would lead 17-9 after the first eight minutes.

Calais responded with a 9-0 run to take an 18-17 lead before Fort Kent outscored the Blue Devils 18-7 to lead 35-25 at the break.

The Warriors gradually pulled away in the second half as Calais couldn't generate any offense.

The Warriors were up 48-35 after three and would move into the semifinals with a 59-39 win.

Calais had no answer for Fort Kent's two big scorers who scored 53 of the winner's 58 total points.

Austin Delisle led the way with 28 points to go along with 15

rebounds.

Ethan Daigle had a great game as well with 25 as Fort Kent improved to 19-1.

Calais bowed out at 10-9 and were led by Jace Cook's 11 points.

The Woodland Dragons had high hopes, finished third with a 14-3 record.

Ben Maloney's Dragons punched their ticket to the Cross Center with a 55-35 preliminary round win over Narraguagus.

The Dragons would take on 11 seed when they faced the Red Devils from Central High School in East Corinth.

Woodland found out that Central would be no pushover.

The Red Devils would lead 16-13 after a quarter and then go on a 7-0 run to start the second. That put the Red Devils up 23-14. Woodland would play them even for the rest of the quarter keeping the deficit at 10 points 28-18 at halftime.

Woodland struggled offensively and was unable to make any kind of a run and was in serious trouble at the end of three 43-31.

The Dragons' offense just didn't produce points and they had no answer for Central's two top scorers: Simon Allen and Bryce Burns.

The Red Devils coasted home to a 63-45 win. Allen led the 12-6 Red Devils with 24, while Bryce Burns would end up with 22 more.

Woodland would end an outstanding season at 15-4.

They will say goodbye to senior Wyatt McArthur who led the Dragons with 20 along with Justin Overlock.

Shane McIver and Ethan Monk each finished with 11 points.

The Dragons loos left only the Machias girls and boys teams who had advanced to the semifinal round.

Bulldogs' regional championship streak ends

by Phil Stuart

Since the Machias Bulldogs joined the Class D ranks in the 1982-83 season they were six for six in regional championship contests going into last Saturday's Northern Maine title game against Southern Aroostook High School of Dyer Brook.

That 6 game streak ended at the hands of the Warriors 44-37 in a game most people thought would be a shootout.

Instead, the game turned out to be more of a heavyweight Class B contest with both teams playing tough hard-nosed defense.

Southern Aroostook probably was the slight favorite coming in due to what they were able to accomplish last year plus their victory over the top-ranked C team Fort Kent.

The Warriors were billed as the top team in Aroostook County which included Presque Isle, Caribou, Houlton, and Fort Kent.

The Warriors played a very physical game and were not afraid to pick up fouls.

They took the lead from the start and held Machias without a field goal for the entire first quarter while enjoying an 8-2 lead.

Machias did their job defensively and on the backboards for the most part but the aggressive physical display of defense by the Warriors made it very difficult to get any good looks at the basket.

The halftime score of 17-6 left everybody in the cross center

stunned.

Machias went into the locker room at the break in disbelief but they still were not out of the game if they could come back with some intensity and find a way to score.

Gradually things improved and they got back to within striking distance.

The Bulldogs managed to outscore the Warriors in the third but still trailed 30-21 and would need almost a flawless fourth quarter and a little luck.

The Bulldogs had closed the gap to five points at 21-16 but lost ground in the closing minute.

Machias gave it all they had over the final eight minutes and with 1.38 left they were down 39-35.

The game actually boiled down to the free-throw line where the Warriors were successful and the Bulldogs were not.

The Warriors were able to convert five key free throws and would hold on for a 44-37 win. Which was the first regional title since 1991.

The Bulldogs and Warriors have had several key matchups in recent years.

In 2016 Southern Aroostook knocked Machias out in the semifinals 67-59.

A year later the Bulldogs defeated the Warriors 43-31 for the Northern Maine Championship and in 2020 the Bulldogs defeated Southern Aroostook 57-46 in the quarterfinal round and most recently Machias defeated the Warriors 15-11 in the Northern Maine Baseball

Championship game.

Hunter Burpee led the 20-1 Warriors with 12 points and 10 rebounds.

Dylan Burpee scored 12 points and Buddy Ports finished with 10 including 5 for 6 at the charity stripe down the home stretch.

The Bulldogs who finished at 17-1 got 14 points and 10 rebounds from junior Shane Feeney. Kash Feeney added 9 points and 7 rebounds while Kyle Anderson finished with 7 and 10.

The 1986 Bulldogs won their first ever regional title by defeating Jonesport-Beals 78-70. IN 1988 they defeated Deer Isle Stonington 65-63. In 1992 they defeated the Royals again 43-35. In 1995 they upset Central Aroostook 35-34.

After a long dry spell, Machias defeated Southern Aroostook 43-31

in 2017 and Easton 53-42 in 2020 before Saturday's 44-37 loss that ended the streak.

In 1970 when Machias was a Class C school, the Bulldogs lost to Sumner 72-47.

In order to reach the final the Bulldogs had to get by the 4th seeded Pioneers of Wisdom.

Machias struggled against the Pioneers for a quarter before their size began to take over.

Jim Getchell's club held an 11-6 first quarter edge and then gradually started to pull away.

At the half, the Bulldogs held a solid 32-15 lead.

The lead kept growing as the game went on and the Bulldogs coasted into the championship game with a 72-34 win.

Shane Feeney scored a game high 28 to lead the Bulldogs. Kash

Feeney added 19 more while Kyle Anderson and J.J. Rhodes finished with 10 and 8.

Dominic Gendteas led the 12-6 Pioneers with 10 while Carter Pellitier and Kaiden Daigle combined for 15 more.

The Bulldogs bow out a 17-1 after going undefeated in the regular season for the first time in school history.

Only one team all season scored 50 points against the Bulldogs and only 6 scored 40 or more points.

The seniors this year, Kyle Anderson, J.J. Rhodes, Kash Feeney, Caleb Norton, Brady Hatt, Ryse Mulholland, and manager Angie Scribner have had a great run and will be sorely missed next season.


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NOTICES / LEGALS

PUBLIC NOTICE Town of Columbia Falls

The Town of Columbia Falls will hold its Annual Town Meeting at 7:00PM on Tuesday, March 15th, 2022 in the Wreaths Across America gymnasium.

MVNO000010298

Notice to Jonesboro Residents

On June 7, 2022 the Town of Jonesboro will be electing the following to take office on July 1, 2022:

- One selectperson for a term of three years
- One assessor for a term of three years
- One School Board Member for a term of three years

Nomination papers will be available at the Town Office beginning Friday, March 11, 2022. The deadline for filing nomination papers will be 4:30 pm Friday, April 1, 2022

MVNO000010322

STATE OF MAINE WASHINGTON COUNTY PROBATE COURT

NOTICE TO CREDITORS 18-C M.R.S. §3-801 (1)

The following Personal Representatives have been appointed in the Estates noted. The first publication date of this notice is **February 23, 2022**. If you are a creditor of an Estate listed below, you must present your claim within four months of the first publication date of this Notice to Creditors or be forever barred.

You may present your claim by filing a written statement of your claim on a proper form with the Register of Probate of this Court or by delivering or mailing to the Personal Representative listed below at the address published by the Personal Representative's name a written statement of the claim indicating the basis therefore, the name and address of the claimant and the amount claimed or in such other manner as the law may provide. See 18-C M.R.S. §3-804.

ESTATE OF WENDELL T. ALLEY, LATE OF BEALS, DECEASED. Joyce C. Alley, P.O. Box 217, Beals, ME 04611 appointed Personal Representative. Docket #2022-028

ESTATE OF ANTHONY AMMENDOLIA, JR., LATE OF ABINGTON, MA, DECEASED. Anthony Ammendolia, Sr. and Meridith Ammendolia, 1098 Fairbanks Road, Farmington, ME 04938 appointed Co-Personal Representatives. Docket #2022-035

ESTATE OF WILFRED JOSEPH DOUCETTE, JR., LATE OF WHITNEYVILLE, DECEASED. Brenda L. Donaghy, 266 Smith Ridge Road, Dennysville, ME 04628 appointed Personal Representative. Docket #2022-029

ESTATE OF JOHN A. GIANNETTI, SR., LATE OF JONESPORT, DECEASED. John A. Giannetti, Jr., 30 Juniper Lane, Saugerties, NY 12477 appointed Personal Representative. Docket #2022-031

ESTATE OF ELIZABETH MARIE HATTON, LATE OF CALAIS, DECEASED. Brenda L. Robb, 34 Mahar Street, Calais, ME 04619 appointed Personal Representative. Docket #2022-033

ESTATE OF GERALDINE A. LIBBEY, LATE OF MACHIAS, DECEASED. Belinda J. Polk, 80 Port Road, Machiasport, ME 04655 appointed Personal Representative. Docket #2022-030

Date: February 18, 2022
Publish on February 23 & March 2, 2022

/s/ Carlene M. Holmes
Register of Probate

MVNO000010299

STATE OF MAINE WASHINGTON COUNTY PROBATE COURT PROBATE NOTICES

TO ALL PERSONS INTERESTED IN ANY OF THE ESTATES LISTED BELOW:

Notice is hereby given by the respective Petitioners that they have filed the following proceedings. These matters will be heard at **10:00 a.m.** or as soon thereafter as they may be on **March 15, 2022**. The requested actions may be taken on or after the hearing date if no sufficient objection be heard. This notice complies with the requirements of 18-C M.R.S. § 3-403 and Probate Rule 4.

ESTATE OF NANCY LYNN DeANGELO, OF CUTLER. Petition of Nancy Lynn DeAngelo, requesting that that person's name may be changed to NANCY LYNN MOLINSKI. Nancy Lynn DeAngelo, Petitioner, 131 Ackley Road, Cutler, ME 04626. Docket #2022-038

ESTATE OF SHELBY NICOLE FULLER, OF LUBEC. Petition of Shelby Nicole Fuller, requesting that that person's name may be changed to SHELBY NICOLE PECK. Shelby Nicole Fuller, Petitioner, 103 Main Street, Apt. 13, Lubec, ME 04652. Docket #2019-033-02

Date: February 18, 2022
Publish on February 23 & March 2, 2022

/s/ Carlene M. Holmes
Register of Probate

MVNO000010299



NOTICE OF PUBLIC SALE 14 M.R.S. § 6323

Notice is hereby given that in accordance with a Judgment of Foreclosure and Sale dated January 18, 2022 which judgment was entered on January 25, 2022, by the Superior Court for Washington County at Machias, Maine, in an action brought by **Machias Savings Bank** against **Penelope P. Foss**, Docket No. MACSC-RE-2021-13, and wherein the Court adjudged a foreclosure of a Mortgage Deed granted by Penelope P. Foss dated April 22, 2018, and recorded in the Washington County Registry of Deeds in Book 4549, Page 116, the period of redemption from said judgment having expired, all of the following described property will be sold at a public sale at 1:00 p.m. on March 31, 2022, at 25 Center Street in Machias, Maine. The property to be sold is further described on the Town of Machias Tax Maps at Map 15, Lot 44, together with and subject to the rights, covenants, easements, and encumbrances affecting the property. Reference should be had to said mortgage deed for a more complete legal description of the property to be conveyed.

TERMS OF SALE

THE PROPERTY HEREINABOVE DESCRIBED IS BEING SOLD ON AN "AS IS" "WHERE IS" BASIS, WITHOUT ANY WARRANTY WHATSOEVER AS TO THE CONDITION, FITNESS, SIZE, OR LOCATION OF THE PROPERTY OR THE STATE OF TITLE TO THE PROPERTY.

The bidder to whom the property is sold must, at the time and place of sale, make a deposit of Five Thousand Dollars (\$5,000.00) by cash or certified check, and must sign a Purchase and Sale Agreement with Machias Savings Bank, which agreement shall provide in part (i) that the purchaser will be responsible for all real estate and/or personal property taxes and other municipal charges attributable to the respective property unpaid and in arrears and for all subsequent tax years as assessed by the Town of Machias, and (ii) that a closing of the sale shall be held within thirty (30) days of the public sale where the remaining balance of the purchase price will be paid in cash or certified funds. The conveyance will be by Release Deed. Machias Savings Bank expressly reserves the right to bid, to modify the terms of the sale set forth above, to add additional terms as it so wishes, and to authorize the mortgagor to sell the property prior to the sale date. All other terms and conditions of sale, including any modification or additions to the terms set forth above, will be announced by the auctioneer at the time of the sale.

For further information, contact Central Maine Auction Center, 44 Concord Road, Hermon, Maine 04401 ■ (207) 848-7027 ■ www.cmauctioncenter.com.

MVNO000010291

NOTICE OF INTENT TO DEMOLISH DANGEROUS BUILDING

(Pursuant to 17 M.R.S. §§ 2851-2859)

&

NOTICE INSTRUCTING REMOVAL OF ABANDONED PROPERTY

(Pursuant to 30-A M.R.S. § 3106)

TO:
**Richard C. Kelsey Jr. and/or
Current or Former Owners of
Map 1, Lot 105**

You are hereby notified that the Town of Addison, Maine, no sooner than 21 days from receipt of this notice, intends to take action to remove the building known as the "Old Clam Shop" located in the Town of Addison, on Map 1, Lot 105, and revegetate the area of this property impacted by this building.

This action is taken pursuant to the following authority: 17 M.R.S. §§ 2851-2859; *Town of Addison v. Richard Kelsey*, CV-2018-08 (Me. Super. Ct., Was. Cnty., Oct. 2, 2018; *Richard Kelsey v. Town of Addison*, AP-17-03 (Me. Super. Ct., Was. Cnty., Oct. 2, 2018; Findings and Order-Amended 8/24/2017 Pursuant to 17 M.R.S.A. §§ 2851-2859 (Dangerous Buildings). Municipal Officers of the Town of Addison, Maine (August 24, 2017); and Article 3 of the September 20, 2021, Special Town Meeting of the Town of Addison.

You are further hereby notified that you have 21 days after receipt of this notice to remove any "covered property," as that term is defined by 30-A M.R.S. § 3106(1)(A). If this property is not claimed within 21 days after receipt of this notice or if you have claimed the property within the 21 days but failed to take possession of the property within 10 days of claiming it, the Town will see to its sale or disposal. Any proceeds from any such sale will be deposited in accordance with 30-A M.R.S. § 3106(5).

Dated: 2/22/2022, Municipal Officers of the Town of Addison, Maine

/s/ Verlan R. Lenfestey Jr.

/s/ William R. Gray

/s/ Joshua L. Stubbs

MVNO000010302

Advocates testify in support of LD 1909, to implement best practices for syringe service providers

Syringe service providers, harm reduction advocates, people in recovery, medical professionals and civil rights organizations are testifying in support of LD 1909, a bill that would promote a public health response to substance use by ending arbitrary restrictions on syringe service providers (SSPs).

The bill, sponsored by Genevieve McDonald (D-Stonington), has bipartisan support and has a public hearing this morning in

the Health and Human Services Committee.

LD 1909 would end the “one-for-one” (1:1) exchange rule - which requires a person to give a syringe to get a clean syringe - and remove the cap on how many syringes an SSP can give a person. LD 1909 would allow SSPs to follow the best practices recommended by the U.S. Centers for Disease Control, known as a “needs-based model.”

Syringe service providers and harm reduction advocates say that barrier-free access to safer use supplies is necessary to provide participants with lifesaving information, supplies and support to prevent the transmission of infectious diseases, to prevent overdose deaths and to connect participants with recovery services.

“We know when people have access to what they need that

promotes community safety and care,” said Hilary Eslinger, executive director of Maine Access Points, a syringe service provider in rural Maine. “It’s important to listen to the people who use our services. What they are saying is Maine needs to adopt a needs-based model, because that is what we need to best care for our neighbors.”

Additionally, consistent and barrier-free access to safer use

supplies improves public health by decreasing incidence of preventable infectious diseases, and reducing significant costs to the healthcare system. Earlier in the pandemic, Governor Mills suspended the 1:1 exchange rule through an executive order, and the American Medical Association hailed Maine as a model for other states. LD 1909 would make this change permanent.

HELP WANTED

New Office Opening

T&B Title of Ellsworth, LLC,
d/b/a Caisleán Title - FT Processor

**We are expanding our team, are you the right fit for us?
Sign on Bonus after 60 days.**

Duties will include processing, answering phones, and obtaining real estate information for closing services.

You must have attention to detail and be a self-starter.

We are a closing and title insurance business, with competitive pay and offer generous employer benefits.

Please submit your resume and cover letter to Matt Goodwin
at 209 High Street, Ellsworth, Maine 04605 or
matt@citadellandtitle.com, responses will be kept confidential.

MVNO000010296



Eastport Health Care, Inc.

Our Specialty is YOU!



Are You Ready to Change for Better Health?



Eastport Healthcare (EHC) is offering two Diabetes Prevention classes, one on site and one virtual for those who don't want to leave home. Topics include: getting active and eating well to lose weight, managing stress, getting support and staying motivated over the long haul.

And in partnership with Healthy Living for Me, EHC offers two more free virtual classes for anyone currently living with chronic illness and/or for caregivers, titled Living Well for Better Health and Living Well with Diabetes. **Topics include:** techniques to deal with frustration, fatigue, pain and isolation, appropriate exercise for improving strength and flexibility, eating well and how to evaluate new treatments.

All our healthy lifestyle change programs are led by Certified Health Coaches.

For more registration information call 207-853-6001 at EHC and ask for Kristina.

You do not need to be a patient of EHC to participate!

CA000009664

CLASS A & B TRUCK DRIVERS WANTED

Currently seeking Class A & B truck drivers with a clean driving record to transport forest products, tree length wood as well as chips, within state lines. Little manual labor required. Knowledge of drivers log book rules and regulations are helpful. This job is five days a week during the summer months and six days a week during the winter months. No previous off road experience required but is very helpful. For more information please contact:

**Guptill's Logging
Lyle or Erik Guptill
P.O. Box 226
East Machias, ME 04630
(207)255-4130
erik@twinlakes.me**

MVNO000009318



Overnight Sanitation Technician

True North Maine Inc., a division of Cooke Aquaculture Inc., has an immediate opening for an Overnight Sanitation Technician at our Machiasport, ME facility.

Position offers full-time year-round employment, competitive hourly rates, and a competitive benefit package.

Please forward your resume to:

True North Maine, 133 Smalls Point Rd, Machiasport, Me 04454
Attn: Human Resources or email patty.ferguson@cookeaqua.com
or call 207-255-6714 ext 2419

MVNO000010294



Building vibrant communities for over 20 years

Maine SNAP-Ed Nutrition Educator (Full-Time)

Healthy Acadia, a healthy community coalition serving Hancock & Washington counties, seeks an experienced **Nutrition Educator** to join a dynamic team passionate about making it easier for all people to lead healthier lives. Reporting to the Food Programs Director, the Maine SNAP-Ed Nutrition Educator position promotes nutrition-based education to Supplemental Nutrition Assistance Program (SNAP) eligible people. We are currently hiring a full-time educator to serve northern and eastern Washington County.

Responsibilities: Plan, coordinate and implement evidence-based nutrition education programs in accordance with USDA SNAP-Ed guidelines. Promote nutrition through social marketing materials. Assist Food Programs Director with evaluation, data tracking, and reporting.

Minimum of 3 years relevant experience. RD or Bachelor's degree in public health, nutrition, or related field preferred. 40 hour/week position with competitive salary & benefits. Salary range \$40,000-\$42,500. Full COVID-19 vaccination required.

Please visit www.healthyacadia.org for a complete position description and how to apply. Accepting applications until March 18, 2022, or a suitable candidate is found.

Healthy Acadia is committed to creating a diverse work environment and is proud to be an equal opportunity employer. Discrimination of any type is not tolerated.

MVNO000010325



**Call 255-6561
to subscribe**



HELP WANTED



Washington County Adult & Community Education

Full-time English Instructor

Full-time English Instructor to assist adult learners in Reading and Writing Skills. The instructor position will provide classes, workshops and tutoring at locations in Washington County. This position is a countywide position with some travel. Mileage is provided at the State rate. State certification is required or ability to be certified. If a high school certificate in English is not held, Adult Education Instructors can also be certified with a minimum of 22 hours in a content area. Training in the necessary digital literacy skills will be given if the candidate needs.

Qualified candidate must be Primary Responsibilities:

- Schedule classes in collaboration with AETC staff
- Ability to be flexible with time and travel
- Be dependable and prompt
- Be able to relate to a variety of people
- Good communication skills with students, other instructors, staff and director
- Must have a valid Maine Drivers' License and dependable vehicle

General Expectations:

- Maintain a courteous and professional manner
- Dress appropriately according to company policy
- Represent themselves and the company appropriately in public
- Have strong verbal and written communication skills
- Be a team player

The position will be filled when a successful candidate is found. Please send a cover letter and resume to jane.blackwood@aetc.us.

MVNC00010316



Washington County Adult & Community Education

Part-time Math and Science Instructor

Washington County Adult & Community Education is looking for a part-time Math and Science instructor to assist adult learners. The instructor position will provide classes and tutoring at locations in Washington County. This position is a countywide position with some travel. Mileage is provided at the State rate. State certification is required or ability to be certified. If a high school certificate in math and science is not held, Adult Education Instructors can also be certified with a minimum of 22 hours in a content area. Training in the necessary digital literacy skills will be given if the candidate needs.

Qualified candidates are primarily responsible for:

- Schedule classes in collaboration with AETC staff
- Ability to be flexible with time and travel
- Be dependable and prompt
- Be able to relate to a variety of people
- Excellent communication skills with students, other instructors, staff, and director
- Must have a valid Maine Drivers' License and dependable vehicle

General Expectations:

- Maintain a courteous and professional manner
- Dress appropriately according to company policy
- Represent themselves and the company appropriately in public
- Have strong verbal and written communication skills
- Be a collaborator

The position will be filled when a successful candidate is found. Please send a cover letter and resume to jane.blackwood@aetc.us.

MVNC00010315

TOWN OF MACHIASPORT

PO Box 267, Machiasport, ME 04655
255-4516

Planning Board Members

Do you love our community? Do you have a desire to serve in a worthwhile capacity? Do you long to see responsible growth and prosperity? The Town of Machiasport is seeking interested persons willing to serve on our Planning Board. The Planning Board meets monthly and approves building permits according to laws and ordinances which regulate them. If you have expertise in related fields or have a desire to serve, we'd like to hear from you! Please contact the Town Office to complete an application. Applicants must be 18 years of age and a voting resident of Machiasport. All applications should be submitted to the Town Office on or before March 25, 2022 at 4:00PM.

MVNC00010285



Quality Improvement/Quality Assurance Coordinator

Full time RN needed to lead the ongoing implementation and evaluation of RMCL's QI/QA Program including oversight of quality initiatives such as Patient Centered Medical Home, Health Homes and Meaningful Use. The successful candidate must be proficient with electronic health records and computer programs and systems. Current Maine RN licensure required. For more information call (207) 733-1090 ext 5203 or email trier@rmcl.org

Send Resume to:

HealthWays/Regional Medical Center at Lubec
43 South Lubec Road, Lubec, Maine 04652

Equal Opportunity Employer

MVNC00010318



Risk Management/Emergency Preparedness Nurse

HealthWays/Regional Medical Center at Lubec seeks a full time Risk Management/Emergency Preparedness RN with responsibility for the coordination, training, and implementation of RM/EP policies for patient care, employee safety, and emergency preparedness. Bachelor's Degree in nursing or related field or Associate's Degree in Nursing and 2 years' experience in related field. Competitive salary and benefit package offered.

Please send resume and cover letter to:

HealthWays/Regional Medical Center at Lubec
Attention: Human Resources
43 South Lubec Road, Lubec, Maine 04652
For more information call (207) 733-1090 ext 5203

Equal Opportunity Employer

MVNC00010317



ASIST Continued from page 5

with thoughts of suicide in the past... and one [thought] is just one too many, so if we can help make a more suicide-aware or safe community... it's worth it!"

The ASIST training treats suicide as the public health issue that it is. ASIST training is comparable to CPR training – anyone in the community may be in a position to render CPR, and may have no other medical training, or they may be a doctor or a nurse. ASIST is similarly versatile. Any individual aged 16 and older, including teachers,

students, doctors, mental health professionals, parents, and others, can become ASIST-trained.

"Suicide prevention and intervention skills are extremely important for this community and means a lot within the Calais Skatepark community," said Spencer McCormick of the Calais Skatepark Committee. "We are happy to support this training and wish as many people as possible to attend."

For more information and to register please contact Tara Young

at (207) 812-2090 or email tara@healthyacadia.org.

To make a donation to support the sustainability of ASIST training in our communities, go to bit.ly/support-asist.

Healthy Acadia is a 501(c)(3) nonprofit organization that engages in a broad range of initiatives to build healthier communities and make it easier for people to lead healthy lives across Washington and Hancock counties, Maine. Learn more at www.healthyacadia.org.

HELP WANTED



**Shop Maintenance/Support
Jonesboro ME**

The Role:

Acadian Seaplants (ASL) is seeking a keen, hands-on type of person who is looking for part-time work in an innovative, close-knit research environment. Sound like you?

This is a temporary, part-time position for a duration of approximately six months. The successful candidate will have some flexibility in choosing their own hours but must be able to commit to 30 hours per week.

To be successful, you will need some experience in the maintenance and upkeep of boats and equipment.

More Specifically:

- Assist with maintaining harvesting skiffs/boats, including sanding and refurbishment.
- Assist with fibreglassing of boats and Mechanical Harvesters.
- General shop maintenance, including organizing of tools, equipment as necessary for Shop Lead Hand.
- Runner – run to hardware stores, harvesting sites and various locations to pick up supplies and equipment.
- Maintenance of nets and ropes
- Support the company's vision and policies regarding Health & Safety, Corporate Culture, Environmental Management by displaying the appropriate behaviors and leadership towards meeting the company's objectives in these areas.

The Requirements:

- Experience with fibreglassing of boats
- Experience with maintaining boats, including wiring of motors
- General shop experience
- Have a valid driver's license
- Ability to work effectively with minimal supervision
- Good organizational skills with the ability to multi-task
- Willingness to learn and contribute in a team environment
- Provide proof of full vaccination against COVID-19

If this job sounds like it was made for you, we'd like to meet you.

To further explore this opportunity, just submit your application to Jake Patryn at jpatryn@acadian.ca or call 207-479-1571 for more information.

We thank all applicants for their interest, however, only those selected for an interview will be contacted. No phone calls please.

For additional information about an Atlantic Canadian company that has built a worldwide business in highly specialized and innovative sectors, please visit our new website at www.acadianseaplants.com or the Maine division's website at www.acadianseaplantsmaine.com.

About Acadian Seaplants - Established in 1981, Acadian Seaplants has been sustainably harvesting and developing marine-derived products that benefit people, animals and plants in over 80 countries across the world. We operate six production facilities in Atlantic Canada and Europe as well as boast our very own research facility that enables us to continuously innovate and discover new applications for our sustained and renewable resource.

We truly believe we can create a sustainable world by advancing the science of seaweed.

CA00009669

HELP WANTED

**Position Opening
AOS 96**

**Jonesboro Elementary School
Grades 5/6 Classroom Teacher**

Applications may be obtained at the Office of the Superintendent

SCOTT K. PORTER
SUPERINTENDENT OF SCHOOLS
AOS 96
291 COURT STREET
MACHIAS, ME 04654
255-6585

Position will be filled when a suitable candidate is found.

EOE

MVNO00010330

RSU/SAD #37

is accepting applications for the following spring coaching positions:

Jr. High Baseball

Jr. High Softball

For information/application contact:

Superintendent's Office
1020 Sacarap Road
Harrington ME 04643
Telephone: 483-2734
E-mail: dfickett@msad37.org

Applications will close on Friday, March 25, 2022

EOE

MVNO00010331



**Full Time Referrals/
Receptionist**

Referrals/Receptionist position based at the East Machias Clinic
Needed to provide back up for scheduling appointments, answering phones and completing referrals.
Strong communication and public relations skills required.

For more information contact:
(207) 733-1090 ext 5203 or email trier@rmcl.org.

Apply to:

HealthWays/Regional Medical Center at Lubec
43 South Lubec Road, Lubec, Maine 04652

EOE

MVNO00010321

Weekly Ad Deadline

Please forward all advertisements by email before Monday at noon to advertising@machiasnews.com or order by phone at 255-6561

HELP WANTED



St. Croix Regional Family Health Center Dental Hygienist

SCRFHC is a Federally Qualified Health Center providing medical, dental and behavioral health. SCRFHC is growing. We want to expand our team. This position will be responsible for providing appropriate oral health information to individuals and groups and work closely with and under the supervision of dentists. This position could be full-time or part-time.

Requirements include:

- Unrestricted license to practice Oral Hygiene in the State of Maine
- Current CPR (BLS) certification
- Graduation from an accredited school of dental hygiene.

Please submit resume to:
Corinne LaPlant,
Executive Director
SCRFHC, 136 Mill Street,
Princeton, ME 04668
See full job descriptions at
www.mystcroix.org

SCRFHC is an equal opportunity provider and employer CA000009430



Plant Operations Worker

Look's Gourmet Food Company / Bar Harbor® Foods is one of the fastest growing seafood companies in the United States and producer of authentic, Maine, premium and specialty food products. Due to rapid expansion we are looking for additional team members who like to be challenged, and value the opportunity to make a difference. Duties include palletizing orders, preparing food for cans and placing finished product in trays. Must be able to lift 25lbs. A professional demeanor, good organizational skills and basic math are needed. Typical work week consists of Monday - Friday with mandatory overtime.

Plant/Shuttle Driver

We are also in immediate need of a shuttle driver. Duties will include shuttling product from Whiting to Cutler Warehouse and performing other duties under the direction of the Plant Manager. Must have a clean driving record. No CDL required. Pay commensurate with experience. Typical work week consists of Monday - Friday.

Look's Gourmet Food Company / Bar Harbor® Foods provides an excellent competitive compensation for qualified candidates and a benefits package including: Exceptional medical/dental/vision/disability insurance, paid vacations, bonuses, paid holidays, generous matching 401(k) plan, PTO, and employee incentives.

Interested applicants are directed to fill out an application.
Facility located on Rte 191 in Whiting.

Look's Gourmet Food Company, 1112 Cutler Road, Whiting, ME 04691

MVNO000010246



First Atlantic Corporation

Fulltime Director of Nursing – Long Term Care/Skilled Nursing

Objectives: The Director of Nursing (DON) manages the nursing care of all residents/patients and coordinates nursing services with all other departments to ensure proper and quality care. He or she must provide leadership, implementation, oversight, consultation, direction, monitoring and training for all Nursing and Nursing related operations including; clinical management of geriatric and other long term care and skilled patients/residents, customer satisfaction, census development, regulatory compliance with state and federal regulations, quality improvement and outcomes, policy and procedure development, and achieving operating plan goals in areas of profitability and nursing personnel. With an extremely busy skilled nursing facility environment and diverse levels of care, the DON is tasked with ensuring a minimum of a 4 Star quality setting for all residents, staff, and visitors of the facility.

Qualifications: Must possess, as a minimum, a State of Maine RN License and demonstrated knowledge and experience sufficient to perform all Director duties with excellence.

Application Information: Siana Schoppee, OTR/L & Administrator-In-Training
Phone: (207) 255-3387 Ext. 210
Email: aitmarshalls@firstatlantic.com
Facebook page: Marshall Healthcare

MVNO000009868

Sewer upgrades

Continued from page 1

happen during the summer season, when softshell clams are in high demand.

“If we get a month or two of closures in the summer it could make or break your winter, forcing us to find work elsewhere,” said Finlay.

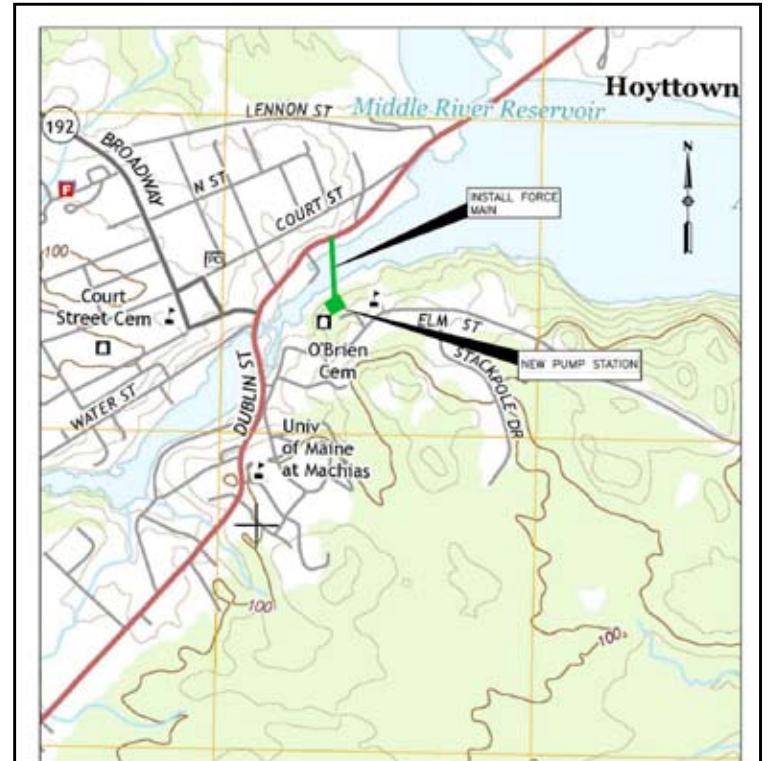
Now, Machias is on the brink of all but eliminating the closures by means of a new sewer pump station, which could be completed next year.

Ridding the Maine coast of Combined Sewage Overflow (CSO) events has been an ongoing focus for the state of Maine since the late 1980s and a particular focus for Machias since 2015 when the town began working with Olver Associates, an engineering firm that since then has operated the town’s wastewater treatment plant.

According to data from the Maine Department of Environmental Protection (DEP) and Olver, Machias has made significant strides, reducing its overall overflow in gallons by 95 percent since 2014.

Machias Town Manager Bill Kitchen says the town wants to do better.

“It’s horrifying that something we did is closing clam flats, both from an ecological standpoint and from an economic standpoint for the individuals whose livelihoods depend on it,” said Kitchen. “The pump station project does actually seem to be moving along, there are so many projects that aren’t right now but in the grand scheme of the municipal world, this is a project that has made consistent headway



TOWN OF MACHIAS, MAINE
FIGURE 1
PUMP STATION & FORCE MAIN
LOCATION MAP
OLVER ASSOCIATES INC.
ENVIRONMENTAL ENGINEERS
300 JUNE STREET WATERBURY, MAINE

This map shows the location of the pump station which will, hopefully in 2023, move wastewater from the south side of the Machias River, under the river to the wastewater treatment facility. Initially estimated before the pandemic to cost \$1.9 million, Olver Associates say costs have risen by roughly 30 percent, so new grant monies will be sought. Map courtesy Olver Associates

over the last eight years.”

The problem lies almost entirely with a gravity-fed siphon used to transport wastewater from the southern side of Machias, along Elm Street, to the wastewater treatment plant on the other side of the river, which can become overwhelmed by heavy rains,

especially when combined with snowmelt.

Typically, it takes a storm of more than 2 inches or greater of rainfall to cause an overflow event, says Mike Riley, who manages the CSO program for Maine DEP. In the past 10 years, Riley notes the intensity (Sewer upgrades cont. pg. 25)

HELP WANTED



DO YOU ENJOY DRIVING AND MEETING PEOPLE? COME JOIN OUR TRANSPORTATION TEAM!!!

Signing Bonus of \$1000.00 - half paid at 90 days – remainder paid at 120 days if still employed.

Downeast Community Partners, serving Washington and Hancock counties, is seeking part-time drivers to join its transportation team in the Machias/Milbridge area. We provide transportation to individuals in need of rides for medical, and other necessary appointments. Extensive training is provided to all drivers in order to provide safe and timely transportation as required by our transportation contracts.

No Commercial driver’s license required but candidates must have clean driving record, pass criminal and child protective background checks and meet drug and alcohol testing requirements.

Apply today to join our team assisting your neighbors overcome the challenge of finding safe, reliable transportation when they need it most.

Applications may be obtained from Downeast Community Partners, 248 Bucksport Road, Ellsworth, ME 04605; telephone: 207-664-2424; or download on our website at www.downeastcommunitypartners.org.

Send resumes to: resumes@downeastcommunitypartners.org

Downeast Community Partners is an Equal Opportunity Employer

MVNO000010253

Sewer upgrades Continued from page 24

of storms has increased, pushing more water into the Machias sewer system than it can quickly process.

To begin correcting the issue, two years ago Machias replaced its 1970s siphon with a new one, in a roughly \$2 million project paid for mostly through a grant from DEP, and from a Community Development Block Grant. Working with towns to eliminate coastal wastewater issues is something Maine has been working on since 1994 when the U.S. Environmental Protection Agency issued its CSO control policy.

“If it were an easy problem to solve it would already be solved,” said Riley. “It took decades to get into this problem and it takes decades to get out of it.”

It also takes money. In preparation for the new pump station, the town has \$1.9 million set aside, from a combination of grants including a state grant for \$1.3 million. Work

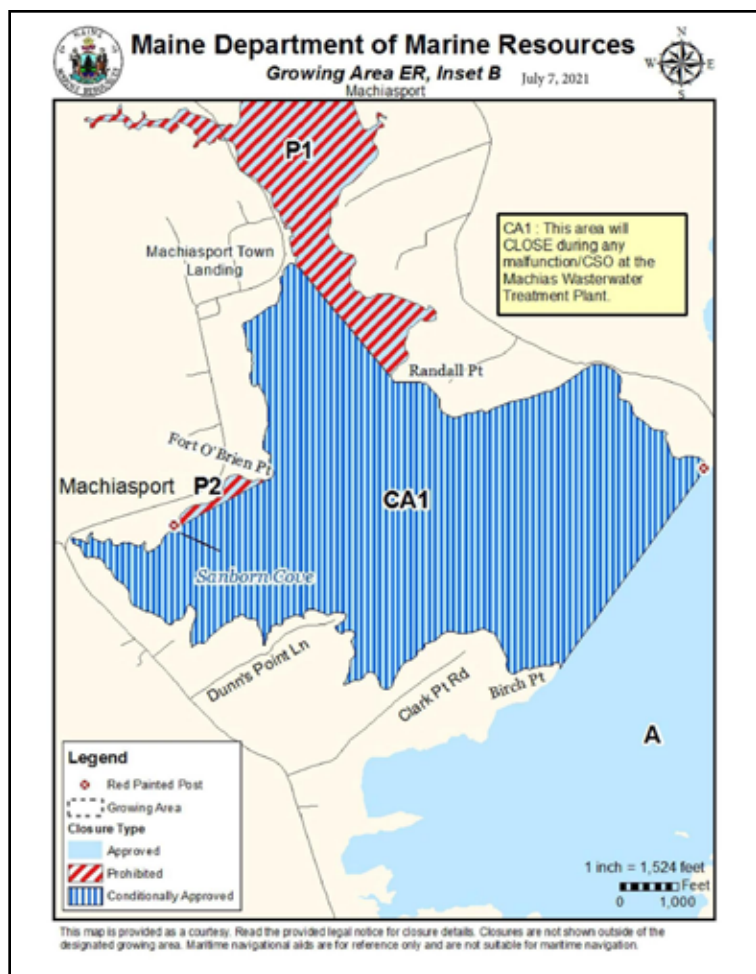
was delayed due to the pandemic and now, says Olver Associates Senior Engineer and VP Annaleis Hafford, costs have risen.

“Now the timelines are lengthy, and the costs are higher,” said Hafford. “Everything is bidding 30 percent higher than a year ago.”

Hafford anticipates the town will be able to secure grant funding for the gap. Then the matter will be presented to Machias voters for approval.

Across the state, Maine DEP issues permits to 31 Maine towns up and down the coast for 34 CSO outlets, two of which are in Machias. In addition to the siphon CSO, Machias has another at the wastewater treatment plant itself. That one is not likely to ever close, says Riley, because it exists to protect the treatment plant from flooding.

“But it would only discharge under pretty extreme flood events,” said Riley.



This DMR map shows, in section CA1, the Machiasport clam flats which are automatically temporarily closed for three weeks when the Machias sewer treatment facility experiences an overflow, or CSO, event. Two such events happened in February. Area P1, in red stripes, is always closed to shellfishing due to its proximity to the Machias sewer siphon. Area P2, also in red stripes, in Machiasport, is currently closed to shellfish activity P2 because it is a dilution zone around a point source of pollution discovered at a private residence situated within 250 feet of the shore. Another prohibited area not shown here, P3, exists near the discharge of the Downeast Correctional Facility wastewater treatment facility. When the conditions that led to the P2 and P3 prohibited zones are remediated, those areas could be reopened to shellfish activity. Map courtesy Maine Department of Marine Resources

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Guest voice Continued from page 7

for lobstermen, fishermen, scallop draggers, and the fragile marine ecosystem of the bay.

What is coming out of the pipe is not good. The Kingfish Maine selling point has coalesced around sterilized water coming back to the bay. 20% of the water brought in from the ocean will come in contact with the fish before it is pumped back into the ocean. What will be released among many chemicals is nitrogen and the numbers are staggering. The State issued (not granted yet) a wastewater permit that allows Kingfish to discharge 1580 pounds of nitrogen a day into Chandler Bay in Jonesport. Without some context, this might seem rather benign, particularly if that's what the State allows. But there are two points that the public needs to know about concerning that discharge. It is far from okay. The city of Portland, with 63,000 residents, discharges 975 pounds of nitrogen a day into the water. Kingfish will discharge 1580 pounds a day.

Recall, this huge discharge amount is supported through

the efforts of the Department of Economic and Community Development, which has convinced the MDEP to move forward with discharging nitrogen into Chandler Bay which is almost double the entire city of Portland and three times more than MDEP's stated limit.

The impacts of nitrogen are well documented. Too much nitrogen in the water increases algal blooms, leads to oxygen depletion in the water, which kills any organism that needs oxygen to survive, and can increase toxins for humans.

This past year Jonesport and Beals Island lobstermen accounted for \$34 million in real income. Why would we want to put the livelihoods of local people in jeopardy so the millions can be extracted from Maine for the benefit of a foreign corporation? We have seen that play out in Maine over and over again – whether it's logging, mining, or other industries.

Local people may in fact still have a chance to stop this invasive project by supporting their planning board and its approval process. Now is the time to speak up. Once again it is incumbent on Maine people to make the decisions for what is best for their community. Why are we always facing the choice of economic benefit over environmental integrity, particularly when Maine people are not always the beneficiaries? Are we satisfied when important decisions are left up to the undermanned State agencies and their foreign corporate 'friends' who enjoy an open door with our State leaders but we the people do not?

Richard W. Aishton resides in Washington County.

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OUTDOORS IN MAINE



The golden retriever man

by V. Paul Reynolds

Fly fishermen are no dummies. At a fly shop, a bright, buggy-looking fly may wind up in the angler's shopping cart, but it had better perform out there on the water. Sometimes it does; sometimes it doesn't. Yes sir, the proof is in the pudding.

These days Maine fly fishermen flock to one particular artificial fly: the Golden Retriever. In the East, and especially in Maine, it has become almost as fabled as the vaunted Grey Ghost streamer fly designed by the late Carrie Stevens of Upper Dam.

To muddle a metaphor, the Golden Retriever is purportedly the "silver bullet" in a fly fisherman's repertoire. It is versatile. Fish it for bass, salmon, trout, you name it. Fish it in any weather conditions. Fly fishing writer Mike O'Brien sings its praises. "You can't fish it wrong! The fly has no deficiencies: it can be fished on the swing; by stripping; or a natural, dead-drift. All are productive ploys. I also have

found success using it as a trailer fly in a two-fly streamer rig."

So who created this wonder fly, anyway?

Jim Finn. The man is 82 years old and has been at the fly-tying bench since his mid twenties. As a boy growing up in rural New Jersey, he fished every chance he got near his home and in the Catskills. When he wasn't fishing or tying, Finn worked as a tool and die maker and wound up in industrial sales. Somewhere along the way he got a bellyful of the workaday rat race and pulled the plug. He was in his mid 50s. What followed was his own fly shop and business, Mossy Creek Fly Shop, and all the fishing and tying he could squeeze in.

His jewel, the Golden Retriever, came off the tying vise in final form about 25 years ago. The birthing was an evolving process that included some help from his friends and a lot of trial and error. There is no patent on the fly. In fact, the fly and its recipe is available on Finn's website:

GoldenRetrieverFly.com.

"Is there a difference, Jim," I asked, "between your Golden Retriever and others on the market?"

"Well, yes, there is," he said. "My version is bulletproof. It won't come apart after a couple of salmon hookups." He goes on with some pride in his voice, "When I tie in the Estaz nylon fibers, they are stretched hard and secured with a very heavy thread. Each fly I tie is assembled as though I were going to fish it myself."

Finn operates a solo tying business out of his home in Reading, PA. He ties every day for two or three hours. You can purchase the Golden Retrievers directly from him at GoldenRetrieverFly.com. You can buy three for \$9.

Finn today is unabashedly "addicted" to Atlantic salmon angling. He has chased the silver warriors all over the world, from Ireland to Iceland and the Gaspé. He has also guided and hosted many fly fishing adventures over his lifetime.

"I don't guide much anymore," he quips. "I am too much of an old crank." He loved fishing Cuba, its people, and its fishing hotspots. A native Cuban told him that the Revolution with Castro brought three good things and three bad things. The good things were free education, health care, and baseball. The bad things were breakfast, lunch, and supper."

A dealer for fly rods made by Thomas & Thomas, as well as Temple Fork Outfitters, he says today they (all fly rods) are all pretty good. "It's a fine line." His taste in trout flies is hardly exotic, Finn leans to Hornbergs, Parachute Adams, and a green drake variant that he designed himself.

He has also become fascinated recently with what is called Euro Nymphing or contact nymphing, which is nymph fishing using a delicate but strong system integrating an 11 foot, 3 weight fly rod equipped with monofilament line. "This is a wonderfully sensitive rod with a strong butt

that allows you to, not only feel the road loading but read the bottom of the river with precision as your fly bounces along." He says that he can throw this setup upwards of 50 feet.

Finn likes using a dropper and, interestingly, he uses the Golden Retriever as his dropper with a smaller nymph at the point of his leader."It works well," he says.

Finn fishes Maine a lot, too. He gravitates to Grand Lake Stream and the East Outlet at Moosehead Lake and some other unnamed waters.

The author is editor of the "Northwoods Sporting Journal." He is also a Maine guide and host of a weekly radio program — "Maine Outdoors" — heard Sundays at 7 p.m. on "The Voice of Maine News - Talk Network." He has authored three books; online purchase information is available at www.maineoutdoorpublications.com or www.sportingjournal.com. Contact email — vpaulr@tds.net



The Nature of Phenology

A weekly feature on the timing of outdoor occurrences

By Hazel Stark and Joe Horn

Birdhouse maintenance time

by Hazel Stark

While it can often take a bit of extra outdoor focus to notice signs of spring in early February, this year was a bit of an exception. In Downeast Maine, we seemed to skip right over the January thaw in favor of a persistent deep freeze through that month, but February brought a roller coaster of temperatures and precipitation types ranging in my area from the single digits to the 50s and from fluffy white snow to pouring rain and high winds reminiscent of an autumn storm. But where autumn storms seem to conclude in a progressive quieting of the forest as animals either migrate away or hunker down in preparation for winter, such warm spells have the opposite effect in late winter. Birds begin to sing again and raccoons and skunks venture out of their snug winter dens. These early spring signs also serve as a human reminder to clean out or put up birdhouses.

Speaking of reminders, I am a person who loves organizational systems. I have a lot going on between running a business and building a house, among other things, so I heavily rely on my

paper planner, a digital calendar and to-do list, and my weekly routine of mapping out the coming week in half-hour blocks so I am sure I will get everything done. How do you think we manage to write these features about what's going on in nature a month in advance without a system of recording nature observations past? I have even been known to set a reminder on my phone to alert me to go outside and blow bubbles when my review of the forecast tells me to expect temperatures around 0 degrees because I know that watching bubbles freeze is an important aspect of maintaining my mental health during the coldest time of the year. But what I never need to rely on a planner or alarm for is when it's time for spring cleaning. Instead, I rely on hearing the song of a mourning dove, nuthatch, or tufted titmouse.

When birds begin to sing again, you know they're getting ready for nesting season. As you can imagine, moving into a scuzzy apartment is unappealing. While some bird species seeking a cavity in a tree, box, or gourd for a nest site now appear happy to do some cleaning and

renovation before committing to the spot, other species work with whatever is there. So if you have birdhouses around your home, you can increase their appeal and decrease the risk of shared bird disease by cleaning out any old nesting materials or accumulated detritus now.

Different species of birds are also choosy about the size of the cavity in which to build their nest. Black-capped chickadees and white-breasted nuthatches, for example, like a birdhouse door of 1 3/8" in diameter with an interior floor space of about 4x4" in open woods and forest edges. Even better if you add 3" of woodchips to make it cozy in there for them. Bluebirds like a slightly bigger opening in a more open landscape. Wood ducks like a much bigger opening with an escape ladder in a wet landscape. The more you pay attention to the habitat and nesting requirements of the birds you'd like to attract to your backyard, the more likely you'll have success. You can look up Mass Audubon's Birdhouse and Nesting Chart for detailed specs.

So the next time you're outside, you could listen for spring



Different species of birds are choosy about the size of the cavity in which to build their nest, and their location, two things to take into account when choosing your birdhouses, and where to place them. Photo by Joseph Horn

birdsongs for a clue about what birds are near you and what you might do to make your backyard as hospitable for them as your home is for you. The best thing we can do for our backyard birds is to maintain or enhance habitat diversity through native plants and by never using pesticides or herbicides, but the next step up is to provide some additional housing options.

The author lives year-round in Downeast Maine, is Co-Founder of Maine Outdoor School, L3C, and is a Registered Maine Guide.

She volunteers to co-produce The Nature of Phenology for WERU-FM with Joseph Horn. This piece is an excerpt from that weekly 5-minute radio program, which airs on 89.9FM near Blue Hill or streaming at weru.org at 9:30 a.m. Saturdays. To learn more, listen to episodes, submit observations, or subscribe as a podcast, visit thenatureofphenology.wordpress.com. Hazel can be reached by emailing naturephenology@gmail.com.

THE WILDLIFE OF WASHINGTON COUNTY

If you live Downeast, odds are high that you love nature as much as we do. We're all fortunate to have so much wilderness around us, and even more fortunate when our friends and neighboring photographers share their sightings with us. Here are just a few fun shots from these past few weeks of winter.



Photographer-at-large Jason Overby captures images of everything around him, whether it's people at work or nature at rest. Here, he's captured seagulls sunning themselves on a roof in Lubec, bringing to mind the 1963 Hitchcock film, *The Birds*...



Tanya Millay of Machiasport seems to find extraordinary wildlife wherever she goes, including this resting Snowy Owl.



And then, those same seagulls in flight. Photos by Jason Overby



During the winter months, not wanting to walk out behind the garden, MVNO Editor Sarah Craighead Dedmon "composts" produce by tossing it from her deck into the edge of the woods, hoping wildlife will put it to good use. She was gratified last week when this deer spotted an orange in the snow...



...and proceeded to devour it with enthusiasm. Photos by Sarah Craighead Dedmon



Millay also captured images of this healthy bobcat, working its way through the brush.



In January, this harbor seal pup crawled out of Smalls Cove and onto the land of George Sprague, who later helped it back to sea. Photo courtesy George Sprague



At least one local fox den means the residents of Bucks Harbor should probably keep a close eye on their chickens. Photo by Sarah Craighead Dedmon



Ellen Farnsworth looked out her door to see this raccoon devouring greens standing in door-side buckets. Photo courtesy Ellen Farnsworth

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